Creighton Model FertilityCare System

Good Counsel FertilityCare
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Who we are

The Creighton Model FertilityCare System (CrMS) is a method of natural family planning that not only teaches couples about their fertility but assists them in overcoming many common obstacles today. It is a system that is based upon the dignity and respect for human life and marriage. It cooperates with the natural fertility process and views it as a healthy means to monitor and maintain reproductive and gynecologic health.

What we offer

Natural Solutions

Ability to actively monitor our fertility in real time (for a lifetime) without the introduction of harmful chemicals or devices that can be detrimental to women's health

Individual Training

While introductory sessions may be completed in a group setting, actual learning of the method is done privately 1 on 1 with a trained FertilityCare Practitioner

Medical Application

CrMS works cooperatively with a woman's body to restore functionality alongside one of our medical providers trained in NaProTechnology

Advocacy

Talk to a FertilityCare Practitioner today to learn more about the method, how it can work for you, and appropriate solutions for women's reproductive and gynecologic concerns.

Results

99%

CrMS is 99% effective at avoiding pregnancy

Real solutions for concerns such as endometriosis, PCOS, infertility, miscarriage, irregular cycles, and more

Recognized by the FertilityCare Centers of America and AAFCP

Can be used by any woman for a lifetime of support for our natural fertility regardless of regularity in menstruation. Couples will receive instruction to both achieve and avoid pregnancy as part of learning the method. The method is highly effective based on the private training schedule and instruction with a trained FertilityCare Practitioner. In the event that cycle irregularities exist, clients will be referred to pro-life physicians trained in NaPro as a first step to receive medical evaluation.