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 308-534-5461
 rectory-office@seas-np.org
 www.seas-np.org

ST. ELIZABETH ANN SETON CATHOLIC CHURCH

Pastor: Fr. Rand Langhorst
 Parish Coordinator: Ashley
 Perlinger (Bulletin, website, sign,
 choir, miscellaneous)
 Bookkeeper: Natalie Gifford
 (bookkeeping, Diocesan data
 entry)

Mass Times: Saturday 5:00pm,
 Sunday 10:00am, Weekdays & Holy
 Days as posted in bulletin
 Confession: Saturdays 4:00pm-
 4:35pm, Sundays 9:00am-9:35am
 Offered any time by appointment.
 Half hour before Friday Masses
 for 15 minutes

Baptism

Contact priest to set up
 appointment.

Matrimony

Contact priest first before date is
 set and at least 6 months prior.

Classes and retreat required.

Anointing of the Sick

Contact priest or parish office.

Education: CCD, Sundays 11:30am-
 12:30pm. Rite of Christian Initiation
 of Adults (R.C.I.A), contact office
 or pastor for more information.

Office Hours: Mondays-Tuesdays,
 8:30am-1:30pm. Wednesdays
 3:00pm-6:30pm

*All bulletin news due at noon the
 Wednesday before the Sunday it is
 to appear. Email rectory-
 office@seas-np.org.*

March 5, 2023: 2nd Sunday of Lent

<i>Mass Intentions</i>		
Monday 3/6	8:00 am	+Renate Nordquist
Tuesday 3/7	8:00 am	Virginia Coppersmith
Wednesday 3/8	(Stations at 5:30pm)	+Robert Langhorst
	Mass 6:00 pm	
Thursday 3/9	8:00 am	+Mary Safford
Friday 3/10	8:00 am	Bode/Ruskamp Family Liv/Dec
Saturday 3/11	5:00 pm	Missa Pro Populo
Sunday 3/12	10:00 am	+Marilyn Neels

LITURGICAL MINISTRY ASSIGNMENTS

March 11-12, 2023 (3rd Sunday of Lent)

	Saturday 5:00pm	Sunday 10:00am
Lector	Jim Nisley	Ron Tejral
Acolyte	Volunteer Needed	Conrad Buhrman
Server	Nicholas Krondak	Weston Hammond
	James Krondak	Cooper Gifford
Music	Volunteer Needed	Peggy Orr
Gifts	Volunteer Needed	Volunteer Needed
Ushers	David Gross	Jeff Orr

Stewardship: February 26, 2023: Adult Envelopes- \$2,880, Ash
 Wednesday- \$470, Register- \$45

Looking to go on retreat this Lent? Our Lady of Good Counsel Retreat House, Waverly has several retreats in which you can drink deeply of His Love. Join us for our 4-day, 5-day, or 8-day "Ignatian Silent Retreat" on Mar. 9-13, Mar. 12-15, Mar. 12-16, Mar. 9-16 with Fr. Barak, Fr. Coulter or Matt Simmons, "In the Presence of the Lord" retreat with Fr. Loras Grell on Mar. 10-12, "Holiness for Mom's" retreat with Fr. Ryan Kaup on Saturday, Mar. 18. Read more and register at www.goodcounselretreat.org, email office@goodcounselretreat.org or call 402-786-2705.

The Stations of the Cross, also known as the Way of the Cross or Via Crucis, commemorate Jesus's passion and death on the cross. There are 14 stations that each depict a moment on his journey to Calvary, usually through sacred art, prayers, and reflections. The practice began as pious pilgrims traced his path through Jerusalem on the Via Dolorosa. Later, for the many who wanted to pass along the same route, but could not make the trip to Jerusalem, a practice developed that eventually took the form of the fourteen stations currently found in almost every church throughout the world. Please join us most Wednesdays of Lent at 5:30 pm to make the way of the cross communally or come at your own convenience and use one of the Stations booklets provided as you enter the church.

Since Easter falls on a second Sunday of the month, the Knights of Columbus will not have their breakfast that weekend, and the Daughters of Charity won't meet. For those wishing to gather for the celebration of the Resurrection, and in the spirit of our parish family, there will be an Easter potluck breakfast before Mass (timed to allow all to receive the Eucharist). More details will come closer to Easter.

We invite all our younger members to honor our Blessed Mother by participating in "Mary's Kindergarten." Kinder means children and garten means garden in German. Each child or family will receive their own flower seeds to plant and nurture at home until a later date (TBD). They will be brought to the church to be transplanted in the areas reserved for them. As Spring becomes Summer, and

then Fall, the flowers, once full grown, will be used to decorate the church and side chapels of Mary and Joseph. Please contact Fr. Rand so he can get the flower seeds ready. This is an opportunity for parents to share with their children a devotion to Mary and involvement in our parish.

St Patrick's KoC Fish Fry will be held every Friday of Lent, except Good Friday. Serving starts at 5:30 pm and lasts until after Stations. Menu: Hand-breaded fish, Salmon patty, Baked Potato, Mac & cheese, Coleslaw, Green Beans, Roll and drink. Desserts for sale by Ladies of St. Pat's. Price \$12 adults, \$6 kids 12 & under. Proceeds to Knights Charities.

Tentative Holy Week at a Glance:

Parish Penance Service/Marian Eucharistic Prayer Service Monday, March 27 6-8pm

Palm Sunday April 2

Chrism Mass (in Lincoln) Monday, April 3 at 5pm

Stations Wednesday, April 5 at 5:30 pm followed by Mass (No Adoration afterward)

Holy Thursday Service April 6 at 6 pm followed by Adoration until Midnight

Good Friday April 7 with Stations at Noon; Divine Mercy at 3 PM; Service at 6 pm

Easter Vigil Saturday April 8 at 8:30 pm

Easter Sunday April 3

National Eucharistic Revival, our country is having a Eucharistic Congress in Indianapolis in July of 2024. More information may be found here: <https://www.eucharisticcongress.org/>. As part of this, the Diocese of Lincoln has purchased 200 tickets to take a group/delegation from our diocese. Tickets will be provided on a first-come-first-serve basis. Parishioners can register here to be a part of the Diocese of Lincoln group <https://lincolndiocese.regfox.com/national-eucharistic-congress>. Pricing is found at the site.

Wednesday, March 8 Teaching Rock at 6:45pm – topic: Same Sex Attraction.

Knights of Columbus Parish Breakfast is March 12 from 8:30am-12:30pm. Knights meeting is Monday, March 13 at 7:00pm.

Daughters of Charity will meet Sunday, March 12 at 11:00am.

In the early Church and, to a lesser extent still today, there were two fasts. There was the "total fast" that preceded all major feasts or sacramental events. The ancient name for this fast was "statio" from the verb "sto, stare" to stand watch, on guard or in vigil. The second fast was a fast of abstinence from certain foods, e.g., meats or fats. This was more an act of self-discipline and self-control. The statio fast was total and a means of watching and waiting...i.e. for something. The fast of abstinence was more general and personal, to help oneself be more disciplined or self-controlled. The total fast is still kept today prior to reception of Holy Communion. Following Holy Communion, the total fast ceases because Jesus had explicitly stated that we don't fast when the bridegroom is here, in other words, what we're keeping vigil for has arrived, the wait is over. On the other hand, the fast of abstinence was allowed on Sundays because the continuity of abstinence can be important for it to be effective. These initial observations, then, teach us that the Eucharist is always the end of a preparation. It is always the fulfillment of an expectation. Catholics are required to fast on Ash Wednesday and Good Friday and to abstain from meat on all Fridays during Lent. But how did fasting become such an important means of preparing for the Eucharist and of learning virtue through self-discipline? Christian fasting is revealed in an interdependence between two events in the Bible: the "breaking of the fast" by Adam and Eve; and the "keeping of the fast" by Christ at the beginning of his ministry. Humanity's "Fall" away from God and into sin began with eating. God had proclaimed a fast from the fruit of only one tree, the tree of knowledge of good and evil (Gen. 2:17), and Adam and Eve broke it. Fasting is here connected with the very mystery of life and death, of salvation and damnation. Food perpetuates life in this physical world, which is subject to decay and death. But God "created no death." (Wis. 1:13) Humanity, in Adam and Eve, rejected a life dependent on God alone for one that was dependent rather on "bread alone." (Dt. 8:3; Mt. 4:4; Lk. 4:4) The whole world was given to man as a kind of food, as a means to life, but "life" is meant as communion with God, not as food. ("Their god is their belly." Phil. 3:19) The tragedy is not so much that Adam ate food, but

that he ate the food for its own sake, "apart" from God and to be independent of Him. Believing that food had life in itself and thus he could be "like God." And he put his faith in food. This kind of existence seems to be built on the principle that man does indeed live "by bread alone." Christ, however, is the new Adam. At the beginning of his ministry in the Gospel of Matthew, we read, "When He had fasted 40 days and 40 nights, He became hungry." Hunger is that state in which we realize our dependence on something else—when we face the ultimate question: "on what does my life depend?" Satan tempted both Adam and Christ, saying: Eat, for your hunger is proof that you depend entirely on food, that your life is in food. Adam believed and ate. Christ said, "Man does NOT live by bread alone." (Mt. 4:4; Lk. 4:4) This liberates us from total dependence on food, on matter, on the world. Thus, for the Christian, fasting is the only means by which man recovers his true spiritual nature. In order for fasting to be effective, then, the spirit must be a part of it. Christian fasting is not concerned with losing weight. It is a matter of prayer and the spirit. And because of that, because it is truly a place of the spirit, true fasting may well lead to temptation, and weakness and doubt and irritation. In other words, it will be a real fight between good and evil, and very likely we shall fail many times in these battles. But the very discovery of the Christian life as "fight" and "effort" is an essential aspect of fasting. Christian tradition can name at least seven reasons for fasting: From the beginning, God commanded some fasting, and sin entered into the world because Adam and Eve broke the fast. For the Christian, fasting is ultimately about fasting from sin. Fasting reveals our dependence on God and not the resources of this world. Fasting is an ancient way of preparing for the Eucharist—the truest of foods. Fasting is preparation for baptism (and all the sacraments)—for the reception of grace. Fasting is a means of saving resources to give to the poor. Fasting is a means of self-discipline, chastity, and the restraining of the appetites. *Excerpted from a reflection by Rev Daniel Merz—USCCB.*

The Catholic Daughters of America 1549 Court of Our Lady of Fatima will meet at 6 pm Monday March 6 at St Patrick's Spiritual Life Center. We welcome all ladies of all parishes and ages to attend and join.

March 14 has been designated as a Deanery Day for the priests of the Diocese to gather fraternally, pray, and discuss matters of common concern.

Fr. Rand will be gone after Mass on March 14 through Friday, March 17. For emergencies, contact a local priest, Fr. Walsh in Curtis, or Fr. Kimminau in McCook.

The Daughters of Charity are hosting their annual Family Favorite Recipe & Dessert Auction on Saturday, March 18 and Sunday, March 19 after Mass both days! Each family is asked to bring their favorite dessert and a copy of the recipe to the Parish Hall and it will be auctioned off to the highest bidder. Your family can delight in your neighbor's fabulous desserts and even have the recipe to make the dessert yourself. Funds received will be used to help defray the expense of the many things the Daughter do and provide for our parish and charity (e.g. Altar Breads and wine, liturgical candles, social activities, etc...) Please join in the fun and fundraising! We are hoping for 100% participation by our parish family.

During the season of Lent, our parish will be collecting non-perishable foods and household needs for the Women's Resource Center. A box will be placed near the statue of St. Therese in our narthex and emptied periodically. Items needed are canned peaches, applesauce, canned mixed fruit, canned mandarin oranges, canned pears, apple juice, capri sun drinks, cereals, oatmeal -- quick cooking, pop tarts, granola bars, fruit snacks, Pringle chips, Cheez-its, goldfish crackers, peanut butter Ritz crackers, saltine crackers, condiments, Mac and Cheese, cookie mixes, brownie mixes, Hamburger Helper, cake mixes, canned chicken, canned tuna, pasta, canned diced tomatoes, spaghetti sauce, pizza sauce, peanut butter, jelly, pancake mix, syrup, canned soups, flour, sugar, vegetable oil, pizza dough package, toilet paper, paper towel, detergents, and soaps.

Table of St Gregory: This event will take place on Sunday, March 26 at St. Gregory the Great Seminary in Seward, to mark its 25th Anniversary. Join seminarians to support them and seminary projects. The evening begins at 4:00pm with Evening Prayers (Bishop Conley presiding),

followed by cocktails and an open house. The evening will conclude with a dinner at 5:30pm, served by the seminarians. To reserve your spot (\$75 per ticket or \$800 for a table of 10), go online to: betterunite.com/stgregorythegreatseminary-tableofstgregory2023

Eucharistic Revival Night, led by the Marian Sisters of the Diocese of Lincoln, will be Monday, March 27 from 6:00pm-8:00pm in our parish. There will be Adoration, opportunities for Confessions, Reflections from the Sisters, and Prayer Teams to pray over individuals presenting themselves. This is an opportunity to deepen your love for our Eucharistic Lord with the Marian Sisters. A potluck meal will precede the Revival, beginning at 5:00pm. All attending are asked to bring a main dish and a side dish or a dessert.

FATHER/SON PROGRAM "In His Image" for boys age 10-14 and their fathers will be held Sunday, March 19th, 2023 from 1-4 p.m. at John XXIII Diocesan Center and virtually. This program is designed to educate boys on growing up and becoming a man. Pre-registration is required. Cost is \$25 per father/son or \$35 per family in person and \$10 virtually. To register, visit <https://lincolndiocese.regfox.com/fatherson> Questions, please call the NFP Offices 402-473-0630 or email naturalfamilyplanning@cdolinc.net

St. Patrick High School & McDaid Elementary News: Our students have been sharing their faith and showing their faith in many ways. The McDaid students attend Mass once a week and learn to pray the Rosary. The MS and HS students attend Mass twice a week, pray the rosary and have adoration during their school day. Every week we have a Senior class member lead the Rosary prior to the start of school. **IRISH FEST-SUCCESS:** Your support on February 26th helped generate \$35,000 for the North Platte Catholic Schools. **UPCOMING EVENTS:** Wednesday, March 8—END of 3rd QUARTER, Boys State Basketball, Thursday, March 9—Teacher in Service, NO SCHOOL, Friday, March 10—NO SCHOOL, Boys State Basketball, Saturday, March 11—Boys State Basketball.

Prayer Intentions: Prayer intentions will remain in the bulletin for three weeks. ☩= repose of soul. ☩LeRoy Ohnoutka, ☩Mary Ann Zach