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 www.seas-np.org

# ST. ELIZABETH

# ANN SETON

# CATHOLIC CHURCH

Pastor: Fr. Rand Langhorst  
 Parish Coordinator: Ashley  
 Perlinger (Bulletin, website, sign,  
 choir, miscellaneous)

Mass Times: Saturday 5:00pm,  
 Sunday 10:00am, Weekdays & Holy  
 Days as posted in bulletin

Confession: Saturdays 4:00pm-  
 4:35pm, Sundays 9:00am-9:35am  
 Offered any time by appointment.  
 Half hour before Friday Masses  
 for 15 minutes

Baptism  
 Contact priest to set up  
 appointment and or instruction  
 before any date is set.

Matrimony  
 Contact priest first before date is  
 set and at least 6 months prior.

Classes and retreat required.  
 Anointing of the Sick  
 Contact priest or parish office.  
 Education: CCD, Sundays 11:15am-  
 12:30pm.

Interested in becoming Catholic?  
 Contact office or pastor for more  
 information.

\*All bulletin news due at noon the  
 Wednesday before the Sunday it is  
 to appear. Email rectory-  
 office@seas-np.org.\*

## February 18, 2024: 1<sup>st</sup> Sunday of Lent

<i>Mass Intentions</i>		
<b>Monday 2/19</b>	No Mass	
<b>Tuesday 2/20</b>	8:00am	Jacque Burn
<b>Wednesday 2/21</b>	<b>5:30pm Stations</b> <b>6:00pm Mass</b>	For our Pastor
<b>Thursday 2/22</b>	8:00 am	+Vince & Loretta Pilakowski
<b>Friday 2/23</b>	8:00 am	+Don Barnes
<b>Saturday 2/24</b>	5:00 pm	Missa Pro Populo
<b>Sunday 2/25</b>	10:00 am	+Nancy Vandenberg

### LITURGICAL MINISTRY ASSIGNMENTS February 24-25, 2024: 2<sup>nd</sup> Sunday of Lent

	Saturday 5:00pm	Sunday 10:00am
Lector	John Bode	Cindy Swanson
Acolyte	Ed Rieker	Michael Krondak
Server	Luke Miller	Kieran Tejral
	Nathan Miller	Will Vapenik
Music	Monica Mordja	Matt & Ashley Perlinger
Gifts	Volunteer Needed	Volunteer Needed
Ushers	Michael & Mary Herout	Duane & Heather Johnsen

**Stewardship: February 11, 2024:** Adult Envelopes- \$2,025, Maintenance-  
 \$20, Register- \$180 Ash Wednesday \$555.00

**During a recent password audit**, it was found that a DizzyDaphny was using the password: MickeyMinniePlutoHueyLouieDeweyDonaldGoofy Sacramento When asked why such a long password, she said she was told that it had to be at least 8 characters long and include at least one capital.

**Father/Son Program** “In His Image” for boys age 10-14 and their fathers will be held Saturday, March 9th, 2024 from 12-3 p.m. at John XXIII Diocesan Center and virtually. This program is designed to educate boys on growing up and becoming a man. More information and registration can be found at <https://lincolndiocese.regfox.com/01-flo-fatherson-program-march-2024>

**Thank you to the Daughters of Charity** for a donation of \$100.00 each to support Christians in Need in the Holy Land, and for Ukrainian Relief to serve victims and the displaced.

**Throughout the centuries**, Christians have found the Season of Lent to be a time to reform one’s life – a time of special grace. We could not do any better than to follow in the footsteps of our ancestors and use these days of Lent as an opportunity to rediscover the power and peace that comes from making our lives whole. This wholeness is the result of reform and change. Reform and change are the result of an honest evaluation of our lives.

**The three hardest** words to say in the English language when put together: I LOVE YOU and I AM SORRY.

**Fr. Rand will** be gone Sunday evening, February 18-Monday, Feb 19.

**Dessert and Food Auction** is coming up on the weekend of March 16-17. The Auction will be held in the Parish Hall immediately after Masses. Funds received help defray the cost of Altar Bread, Wine, Candles, and the many social events that the Daughters of Charity provide. This fundraising event is more a test of generosity than the purchase of a baked good or food item. Items are put up for bids hoping to far exceed their worldly value to attain a much higher standard of almsgiving. It would be appreciated if each household brings their favorite food or other item. Men. Women, and teen

chefs are invited to be part of the success! The Daughters appreciate that some desserts might need to be refrigerated. Please place these desserts into the refrigerators when you bring them and let someone know that they need brought out just prior to the auction. Desserts do need to be brought in the container you wish to sell. Other past non-dessert items have included steaks, Mexican Food, candies and ethnic goodies. Participants are invited to come and join the fun of bidding wars to make anyone donating items pleased they did.

**What does one get from attending an additional Mass each week or daily Mass?** One Catholic writer’s insights may provide an answer for those seeking one. “You are what you eat.” This popular phrase is usually related to eating healthy food, but some have raised the question as to whether this applies to eating the Body and Blood of Christ . When I first heard someone connect the two several years ago, I wondered if it was truly possible to become more like Jesus Christ as a result of attending daily Mass and partaking of the “daily bread” that we hear about in the Our Father. As we can learn from the saints who have gone before us, the answer to that question is yes. Attending daily Mass changes us in many ways. We Become More Hungry! I’m referring to the Eucharist, “the source and summit of the Christian life.” If God leads and we follow, the Eucharist—and by nature, the Mass—will become the center of our life and of our days. As St. John Vianney said, “There is nothing so great as the Eucharist. If God had something more precious, He would have given it to us.” The more we understand the beauty of this gift from God, the hungrier we become to regularly receive it. We Grow in Holiness! Our faith increases because we learn more, both intellectually and spiritually. As the Word of God enters our minds and our hearts, we begin to be transformed, seeing, in part, how to change vices into virtues. Sometimes, we see elements of our own lives in the readings or the homilies that we hear, allowing us to make a personal goal of aligning ourselves to the ways in which God wants us to live. Receiving the Eucharist continues this transformation, helping us to understand how to love as God does. As St. Therese of Lisieux stated, “I understood that love comprises

all vocations – that love is everything, and because it is eternal, embraces all times and places.” This love is not only our own but also God’s. Visiting Jesus daily in the Tabernacle can also help us to grow in holiness. St. John Paul II said: “Love Jesus present in the Eucharist. He is present in a sacrificial way in Holy Mass, which renews the Sacrifice of the Cross. To go to Mass means going to Calvary to meet him, our Redeemer. He comes to us in Holy Communion and remains present in the tabernacles of our churches, for he is our friend.” In the same way that the women and the Beloved Disciple likely grew in holiness as they stood with Jesus through his Passion and Death, we, too, have the opportunity to grow in holiness as a result of being at the foot of the Cross during the Holy Sacrifice of the Mass. Specifically, we begin to see our own crosses as a cause for joy as we stay near the never-ending hope of our Savior’s Cross. We Become Detached From Sin! At the same time we grow in holiness, we grow a distaste for sin. “He who devoutly hears Holy Mass will receive a great vigor to enable him to resist mortal sin, and there shall be pardoned to him all venial sins which he may have committed up to that hour.” ST. AUGUSTINE The desire to attend Mass and to follow Jesus wholeheartedly helps us to conquer vices and grow in virtue. We Receive More Graces! The graces we receive may not be known immediately, but we know that God is ready to pour them out onto us. St. Faustina wrote in her Diary: Divine Mercy in My Soul that Jesus said to her: “I desire to unite Myself to human souls. Know, My daughter, that when I come to a human heart in Holy Communion, My hands are full of all kinds of graces which I want to give to the soul”. The math here is easy: the more that we attend Mass, the more graces we receive—assuming that we are open to them. We Can Live Our Vocation and Our Avocation(s)! Attending daily Mass gives us the ability to live our vocation and our avocation(s) to the fullest. St. Faustina wrote that the “bread of the Strong gives me all the strength I need to carry on my mission and to do whatever the Lord asks of me.” While the tasks that God may reveal to us during our time communing with Him may seem daunting if we think that we are being called to this vocation or avocation alone, being able to receive

Holy Communion regularly during the Mass will allow us to live as we are being called and realize that we are truly not alone. We Want to Spend More and More Time with Jesus! Soon, we will find that attending daily Mass just isn’t enough; we will feel called to spend more and more time with Jesus, leading us to participate in Holy Hours and in Adoration. St. Teresa of Calcutta alludes to this with the statement that the “time you spend with Jesus in the Blessed Sacrament is the best time you will spend on earth.” When we spend enough time with Jesus in the Blessed Sacrament that we come to this same realization, we will do what we can to maximize our time spent with Him. So, then, what is a good elevator speech about what happens when we attend Mass each day? Perhaps St. Leo the Great answers that the best: “Our sharing in the Body and Blood of Christ has no other purpose than to transform us into that which we receive.”  
*summarized from Julie Radachy Faith & Life, Mass*

**It's your turn to answer the call** and be a vital part of building the kingdom of love, justice, and peace at the 10th Annual Catholics at the Capitol. On Wednesday, March 6th from 8:00am-2:00pm, help us fight for faith, family, and life in law at St. Mary’s and the State Capitol in downtown Lincoln. This is a unique opportunity to connect with like-minded individuals, hear from Nebraska officials, and engage with your State Senator on the issues that matter most to you. Tickets \$15 each, including breakfast, lunch, and refreshments. We encourage you to act fast, as tickets are limited to 250 participants. Learn more and sign up today at [NECatholic.org](http://NECatholic.org).

**Rachel’s Vineyard Retreat:** “God has forgiven you but you cannot forgive yourself?” Attend a confidential Rachel’s Vineyard post abortion healing retreat April 19-21 near Omaha/Lincoln. \$275 with partial scholarships available. Email: [helpingrachel@yahoo.com](mailto:helpingrachel@yahoo.com) or text/call 402-671-3749. More information can be found at: <https://www.rachelsvineyard.org/>

**Women at Well Lenten Event:** Sunday, Feb 18<sup>th</sup>, 6:30pm, social 7pm, event 8pm. Also time for Confessions/Adoration. North Platte St. Patrick’s Catholic Church

**Attend a weekend retreat** with the Emmaus Institute for Biblical Studies from February 23-25 at Our Lady of Good Counsel Retreat House in Waverly: Topic: "Praying with Scripture" Have you heard of Lectio Divina or Ignatian Prayer with Scripture, but never knew quite what it was or how to do it? The Emmaus Institute for Biblical Studies is offering a weekend retreat for men and women on "Praying with Scripture" that is just for you. Vern Steiner, Chad Steiner and Josh Burks will each offer talks developing how the Sacred Scriptures are not a dead word but apply to the reality of our lives today. For further information or to register please contact [www.goodcounselretreat.org](http://www.goodcounselretreat.org), email [office@goodcounselretreat.org](mailto:office@goodcounselretreat.org) or call 402-786-2705.

**Lenten Healing Mass**- All are welcome to receive physical, spiritual, and mental healing. Sunday, February 25, 2024, St. Patrick Church 409 East F Street, McCook, NE. 4:00pm Mass: Celebrant Rev. Christopher Barak Lincoln, NE. Come early for the Divine Mercy Chaplet at 3:30pm. Confession available 3:00 – 4:00.

**St. Patrick's Irish Fest** will be Sunday, February 25 at the St. Patrick's School gym. This fun-filled family event runs from 12:00pm-3:00pm and features a homemade meal, silent auction, raffle, mini-carnival games, prizes, and bake sale. Proceeds help the Endowment meet an annual goal for funding operating expenses for the Catholic high school, elementary school and Little Leprechaun. Please come and join us.

**North Platte St Patrick's Knights of Columbus Fish Fry** are having their annual Fish Fry's on Fridays during Lent from 5:30pm-7:30pm. Menu: Fish, salmon patties, coleslaw, rolls, mac and cheese, scallop potatoes, green beans, baked potatoes, and water. Cost: \$12 for adults. \$8 for 8-12 year olds. FREE for 7 and under. Desserts are \$2 apiece and provided by our Catholic Daughters. All are welcome!

**Hearts Restored** is Nebraska's post-abortion healing ministry program open to any individual seeking healing, wholeness, and peace after the impact of abortion. Check out their website. <https://heartsrestorednebraska.org/>

**Our Free Book exchange table** in the Parish Hall is a good repository for any spiritual books you wish to give and let another benefit.

**Sidewalk Advocates for Life** training is planned for Saturday, March 16th 10:30am to 4:30pm. The training teaches us how women have fallen into thinking they are in a difficult situation (crisis mode) so their brains are not considering all other help available. We learn to approach them with kindness instead of condemnation, also letting them know that the mercy of God is greater than any of our sins. See [sidewalkadvocates.org](http://sidewalkadvocates.org).

**The Marian Sisters invite** single women (19-32 years of age) to enter more deeply into the Passion and Death of Our Lord. The silent retreat will be held at Good Counsel Retreat House in Waverly on March 28-March 30. Cost is \$30 for students and \$40 for non-students. For more information or to register, please visit at [mariansisters.org](http://mariansisters.org) or contact Sr. Amy Marie at [marian-vocations@cdolinc.net](mailto:marian-vocations@cdolinc.net) or by phone 402-786-2750.

**The Diocese of Lincoln** for many years had a local chapter of Courage, a national Catholic support group for those specifically with same-sex desires and their families. The group was led by Father Christopher Kubat, who is now the pastor of St. Andrew Church in Tecumseh. That group is no longer active. Eden Invitation is a similar group, but focuses mostly on young adults with same-sex desires and gender discordance, and the group does not offer a specific program for their family members. For more information on Eden Invitation, contact the group's website, [edeninvitation.com](http://edeninvitation.com). Diocesan contact is Father Nathan Hall at North American Martyrs Church in Lincoln.

**Catholic apps** that can be useful during the Lenten season or for any time of prayer: Hallow, iBreviary, Laudate or search online for one that appeals to you.

**Mark you calendars** for Totus Tuus this summer July 14-19 with St Patricks hosting all three parishes.

**For Your Prayers** + +Sylvia Prather +James Fujan ill-Gene Johnston, ill- Dave Pinkerton, ill-Diane Zeleny