



3301 Echo Drive
 North Platte, NE 69101
 rectory-office@seas-np.org
 www.seas-np.org

ST. ELIZABETH

ANN SETON

CATHOLIC CHURCH

Pastor: Fr. Rand Langhorst
 Parish Coordinator: Ashley
 Perlinger (Bulletin, website, sign,
 choir, miscellaneous)

Mass Times: Saturday 5:00pm,
 Sunday 10:00am, Weekdays & Holy
 Days as posted in bulletin

Confession: Saturdays 4:00pm-
 4:35pm, Sundays 9:00am-9:35am
 Offered any time by appointment.
 Half hour before Friday Masses
 for 15 minutes

Baptism
 Contact priest to set up
 appointment and or instruction
 before any date is set.

Matrimony
 Contact priest first before date is
 set and at least 6 months prior.

Classes and retreat required.

Anointing of the Sick

Contact priest or parish office.

Education: CCD, Sundays 11:15am-
 12:30pm.

Interested in becoming Catholic?
 Contact office or pastor for more
 information.

*All bulletin news due at noon the
 Wednesday before the Sunday it is
 to appear. Email rectory-
 office@seas-np.org.*

February 11, 2024: 6th Sunday in Ordinary Time

Mass Intentions

Monday 2/12	8:00 am	+Mary Cabela
Tuesday 2/13	No Mass	
Wednesday 2/14	7:00am	Poor Souls of Priests
Ash Wednesday	8:00am 5:30pm	Benefactors/Supporters of SEAS +Rhett Morlang
Thursday 2/15	8:00 am	Living/Deceased Members of the KoC
Friday 2/16	8:00 am	+Ray & Hilda Spindler
Saturday 2/17	5:00 pm	Missa Pro Populo
Sunday 2/18	10:00 am	Wayne Baker

LITURGICAL MINISTRY ASSIGNMENTS

February 17-18, 2024: 1st Sunday of Lent

	Saturday 5:00pm	Sunday 10:00am
Lector	Loren Baxa	Justin Pieper
Acolyte	Michael Krondak	Duane Johnsen
Server	William Krondak	Xavier Pieper
	Alex Krondak	Liam Pieper
Music	Monica Mordja	Greg Vandenberg
Gifts	Volunteer Needed	Volunteer Needed
Ushers	Cindy Swanson	Spencer Hampton

Stewardship: February 4, 2024: Adult Envelopes- \$3,558, Maintenance- \$20,
 Retired Priests- \$15, Register- \$419

Please welcome a new Parishioner to our spiritual family: Allison Leising.

It's your turn to answer the call and be a vital part of building the kingdom of love, justice, and peace at the 10th Annual Catholics at the Capitol. On Wednesday, March 6th from 8:00am-2:00pm, help us fight for faith, family, and life in law at St. Mary's and the State Capitol in downtown Lincoln. This is a unique opportunity to connect with like-minded individuals, hear from Nebraska officials, and engage with your State Senator on the issues that matter most to you. Tickets \$15 each, including breakfast, lunch, and refreshments. We encourage you to act fast, as tickets are limited to 250 participants. Learn more and sign up today at NECatholic.org.

Ash Wednesday and Good Friday are days of fasting and abstinence. All Fridays in Lent are days of abstinence. Fasting means eating only one full meal with two smaller meals, which together do not equal the full meal. No snacking or eating between meals is allowed. Fasting obliges all Catholics between the ages of 18 and 59. Abstinence means eating no meat, and no soup or gravy made from meat. Abstinence obliges all Catholics over the age of 14. Sickness, hard manual labor, pregnancy, etc. automatically excuse a person from these obligations. Nevertheless, it should be pointed out that these are serious obligations. In cases of doubt or question, the priest who hears a person's confession should be consulted.

God has carefully, tenderly created every person in His own image and likeness, to be in a loving relationship with Himself. From each tiny child knit within a mother's womb, to every person approaching death, all are loved perfectly and completely by God: "It is therefore a service of love which we are all committed to ensure to our neighbor, that his or her life may be always defended and promoted, *especially when it is weak or threatened*. In a world in which those who are most vulnerable are so often overlooked and disregarded, Christ calls us to embrace and uphold the unconditional dignity of every human life. In answering this call, we help to build a new culture of life, the fruit of the culture of truth and of love.

A tough old cowboy from Texas counseled his granddaughter that if she wanted to live a long life, the secret was to sprinkle a pinch of gun powder on her oatmeal every morning. The granddaughter did this faithfully until the age of 103, when she died. She left behind 14 children, 30 grandchildren, 45 great-

grandchildren, 25 great-great-grandchildren, and they say the hole from the crematorium was 40-feet deep.

Lenten Healing Mass- All are welcome to receive physical, spiritual, and mental healing. Sunday, February 25, 2024, St. Patrick Church in McCook 4:00pm Mass: Celebrant Rev. Chris Barak Lincoln, NE. Come early for the Divine Mercy Chaplet at 3:30pm. Confession available 3:00 – 4:00. Please spread the word!

Rachel's Vineyard Retreat: "God has forgiven you but you cannot forgive yourself?" Attend a confidential Rachel's Vineyard post abortion healing retreat April 19-21 near Omaha/Lincoln. \$275 with partial scholarships available. Spanish-speaking retreats are coming in the summer 2024. Email: helpingrachel@yahoo.com or text/call 402-671-3749. More information can be found at: <https://www.rachelsvineyard.org/>

Pro-Life Coffee with State Senators on February 17 in Grand Island: Join local and statewide Pro-Life groups for the 5th Annual Pro-Life Coffee on Saturday, February 17 at Riverside Golf Club in Grand Island. The program will provide an opportunity to learn about pro-life legislation in Nebraska and about defeating the pro-choice ballot initiative. The program will feature State Senators from central and south-central Nebraska. In addition, Senator Rick Holdcraft (Bellevue) will make a special presentation on his priority bill, The Newborn Save Haven Act, LB 876. Doors open at 8:30 a.m. The program runs from 9:00 to 11:00 a.m. Coffee, refreshments and light breakfast will be provided. Riverside Golf Club is located at 2820 Riverside Drive in Grand Island. RSVP appreciated, but not required. To register, go to <https://www.gidiocese.org/pro-life> or email Cheryl at frontdesk@gidiocese.org (include your name, phone number, and how many attending)

Attend a weekend retreat with the Emmaus Institute for Biblical Studies from February 23-25 at Our Lady of Good Counsel Retreat House in Waverly: Topic: "Praying with Scripture" Have you heard of Lectio Divina or Ignatian Prayer with Scripture, but never knew quite what it was or how to do it? The Emmaus Institute for Biblical Studies is offering a weekend retreat for men and women on "Praying with Scripture" that is just for you. Vern Steiner, Chad Steiner and Josh Burks will each offer talks developing how the Sacred Scriptures are not a dead word but apply to the reality of our lives today. For further information or to register please contact www.goodcounselretreat.org, email office@goodcounselretreat.org or call 402-786-2705.

Lenten Healing Mass- All are welcome to receive physical, spiritual, and mental healing. Sunday, February 25, 2024, St. Patrick Church 409 East F Street, McCook, NE. 4:00pm Mass: Celebrant Rev. Christopher Barak Lincoln, NE. Come early for the Divine Mercy Chaplet at 3:30pm. Confession available 3:00 – 4:00 –

Please, do NOT sign the petition launched by the pro-abortion coalition, formed under the misguided name of “Protect Our Rights Nebraska,” to put a constitutional amendment to a vote of the people on November 5, 2024. If you encounter petitioners, charitably take up their time discussing the dangerous petition to prevent others from engaging and signing. If you would like further ideas and training to do that effectively, click on the following link for “Justice For All”

<https://www.jfaweb.org/> Also, please share this information with your family, friends and coworkers so that everyone in the State of Nebraska is properly educated on this issue. Please pray and fast that pro-abortionists’ efforts to legalize abortion until birth in the State of Nebraska will fail. No human person has a moral right to do what is morally wrong. God has revealed that for every human person it is intrinsically evil to take innocent human life. Please take the time to read the following to be educated on this important issue. On November 16, 2023, the pro-abortion coalition, formed under the misguided name of “Protect Our Rights Nebraska,” formally launched its petition drive with a press conference and launch party. This group will need to collect valid signatures from 10% of the registered voters in the state, or just under 123,000 signatures. The signatures also must be collected from 5% of the registered voters in 38 different Nebraska counties to put this decision on the November 5, 2024 ballot for Nebraska voters. They have until approximately July 2024 to collect these signatures. What the voters need to understand is that ballot measures change a state constitution, take precedence over laws passed by state legislators, and can only be overturned by another ballot measure. On November 15, 2023, Protect Our Rights abortion advocates released their ballot initiative language, which would enshrine a right to abortion until birth in our Nebraska Constitution. The petition language is as follows: “All persons shall have a fundamental right to abortion until fetal viability, or when needed to protect the life or health of the pregnant patient, without interference from the state or its political subdivisions. Fetal viability means the point in pregnancy when, in the professional judgment of the patient’s treating health care practitioner, there is a significant likelihood of the fetus’ sustained survival outside the uterus without the application of

extraordinary medical measures.” The amendment would allow for: • Abortion throughout the entire pregnancy The amendment leaves post-viability abortion for “health” of the mother to the discretion of the abortionist. Without defining “health,” courts have found that it can be based on non-medical factors, including mental, spiritual, financial or familial health. Furthermore, viability is defined as being based solely on the abortionist’s judgment and would not include any baby who needs “extraordinary medical measures,” which could be as simple as a short stay in the NICU. •The elimination of health and safety protections for women Language on the fundamental right to abortion “without interference from the state” puts all of Nebraska’s medical safeguards at risk. This includes obtaining informed consent and performing a medical screening, seeing a physician in person or even seeing a medical professional at all. It would allow pills to be sold through the mail by people with no medical background. •The evisceration of parental rights By using the words “all persons” in the amendment, this will mean parents will not have any ability to consent or even know if their minor daughter seeks an abortion. They may also have no recourse if their daughter is harmed during the abortion. And in fact, parents WILL have financial liability for any follow-up physical and/or mental care their minor daughter may require post-abortion. This is an orchestrated attempt to mislead Nebraskans into thinking this is a “reasonable” measure, but the reality is that this initiative is abortion-on-demand, up until the birth of a baby. This should be rejected by the Nebraska voter. Nebraska’s current law allows for abortion throughout the first 12 weeks of pregnancy with exceptions for rape, incest, life of the mother and medical emergencies. Nebraska statistical data indicates 90% of abortions are performed before 12 weeks gestation. This ballot measure is entirely pro-abortion and it does not reflect the values of Nebraskans. If you have not already, click on the following link in order to stay connected with the Nebraska Catholic Conference by giving them your email address. <https://necatholic.org/advocate/overview.html>

Inside your packet of envelopes is one for the Southern Nebraska Register. The suggested donation is \$15, but your generosity exceeding that amount would be appreciated. The Register is the official Diocesan communication to our Catholic faithful.

The Knights of Columbus meeting will be held on Monday, February 12 at 7:00pm.

Fr. Rand will be gone to the Priest Study Day Monday night-Tuesday of this week.

St. Patrick's Irish Fest will be Sunday, February 25 at the St. Patrick's School gym. This fun-filled family event runs from 12:00pm-3:00pm and features a homemade meal, silent auction, raffle, mini-carnival games, prizes, and bake sale. Proceeds help the Endowment meet an annual goal for funding operating expenses for the Catholic high school, elementary school and Little Leprechaun. Please come and join us.

For those wishing to incorporate a weekly Mass, Stations of the Cross, or Adoration into their Lenten plans, the tentative schedule for Wednesdays of Lent (February 21-all of March) will be Stations at 5:30pm, Mass at 6:00pm, followed by Adoration until 9:00pm. In addition, one could use these means also to gain a plenary indulgence by adoring the Lord in the Blessed Sacrament during Adoration for at least a half-hour, praying with the Parish the Stations of the Cross, or reading sacred scripture with devotion for at least a half-hour. However, we must remember there are some stipulations provided which must be met in order for the indulgences to be plenary. If all the conditions are not met, we receive partial indulgences, but not plenary indulgences. Conditions to be met: 1.) Sacramentally confess your sins in Confession within 20 days before or after the indulgent act. (one sacramental Confession is sufficient for several indulgences) 2.) Be in a state of grace (which you receive from Confession) and have a complete detachment from sin. This does not mean that you are to be sinless, but you are to have a detachment from sin. 3.) Pray for the intentions of the Holy Father. You can do this by simply reciting the Our Father and one Hail Mary for the intentions of the Holy Father. 4.) Reception of Holy Communion (must receive Holy Communion for each plenary indulgence sought) It is permissible that Holy Communion may be received several days before or after obtaining the indulgence, but it is preferable it is received the same day of the indulgent act. 5.) One must have a general intention of gaining an indulgence beforehand.

North Platte St Patrick's Knights of Columbus Fish Fry are having their annual Fish Fry's on Fridays during Lent from 5:30pm-7:30pm. Menu: Fish, salmon patties, coleslaw, rolls, mac and cheese, scallop potatoes, green beans, baked potatoes, and water. Cost: \$12 for adults. \$8 for 8-12 year olds. FREE for 7 and under. Desserts are \$2 apiece and provided by our Catholic Daughters. All are welcome!

Hearts Restored: Healing After Abortion
Hearts Restored is Nebraska's post-abortion healing ministry program open to any individual seeking healing, wholeness, and peace after the impact of

abortion. Check out their website.

<https://heartsrestorednebraska.org/>

Lenten Growth: Letting the Holy Spirit speak to our hearts and minds during this Lenten liturgical season is not only a preparation for the celebration of Easter and its season, but can sift out and give clarity to our relationship with Christ and our walk with Him. Keeping a journal of our thoughts can often reveal the movement of the Holy Spirit in our lives and give direction and guidance that we seek. Our days can be filled with distractions, routines, difficulties, and confusion. If you would like to join this personal engagement via a communal setting, then perhaps this Lenten series is for you. Each week you will be given journal prompts to write a response in your journal. You can answer as many as you wish but should give sufficient time for reflection on your responses. Each week, we will gather, and if not too personal, share what The Spirit moved us to respond. Listening to another's encounters is also a means for the Spirit to help us on our journey. New journal prompts will be given weekly. Rereading after Easter what has been written may provide valuable insights into oneself and areas of growth and can help us grow in our relationship with God. We will meet on Tuesday mornings over a cup of coffee from 9am-10am on February 20, 27 and March 5, 12, 19, and 26 in the Parish Hall. Bring your own journal or notebook. Please let Fr. Rand know if you want to participate in order to receive the first meeting's questions in advance.

54 Day Novena For Life, Feb 14 Ash Wednesday through April 7 Divine Mercy Sunday. The first 27 days are in petition for conversion to the Sacred Heart of Jesus and protection of life in Nebraska. The final 27 days are in thanksgiving, including the final nine day Divine Mercy novena from March 29 Good Friday. Make the novena intentions as part of your daily rosary. Join many participating organizations, businesses, and ministries across Nebraska. Prayer and fasting is our most effective way to stop the "abortion rights" amendment collecting signatures for the November ballot. We are begging God for mercy, and His inspiration for action. Please join us and learn more at www.54DayNovenaForLife.com.

Our Free Book exchange table in the parish hall is a good repository for any spiritual books you wish to give and let another benefit.

For Your Prayers + James Fujan + Raymond Furasek + Carol Lechner + Teresa Baginski, + Dennis Fiala ill- Sylvia Prather, ill- Gene Johnston, ill- Dave Pinkerton, ill- Diane Zeleny