

ST. ELIZABETH ANN SETON CHURCH



Father Mark Seiker
3301 Echo Drive
North Platte, Nebraska 69101

Rectory / Office [308-534-5461](tel:308-534-5461)
Parish Hall: 534-0511

Parish email: rectory-office@seas-np.org
Webpage: <http://www.seas-np.org>

The Most Holy Trinity *June 7, 2020*

Welcome to St. Elizabeth's: It is our hope that you feel at home and among friends here at St. Elizabeth. If you are a visitor for a day, we pray God's speed on your journey. If you are looking for a parish community, we would be delighted to welcome you into our parish family. Please introduce yourselves. Registration forms are available in the entry racks or contact us anytime at 308-534-5461.

Religious Services

Mass Schedule For Sunday Obligation:

Saturday 5:00 p.m.
Sunday 10:00 a.m.

Weekdays & Holy Days

As published in the Bulletin.

Rosary

Prayed **8:30 a.m.** Monday mornings, and
30 minutes before weekend Mass.

Sacrament of Confession

Offered 30 minutes before most all daily Masses
Saturday 4:00 p.m. – 4:55 p.m.
Sunday, 9:00 a.m. – 9:55 a.m., or by appointment.

Sacrament of Baptism

Parents are asked to attend a baptism preparation class. This is recommended, and easiest to do before the birth of the child, but must be done before the baptism.

Sacrament of Matrimony

To assist those who plan to marry, all couples will be required to fulfill the diocesan marriage preparation policy, which includes the FOCCUS & Engaged Encounter Programs. This requires a minimum of 4-6 months. The assessment process must be completed before a wedding date is set. Contact pastor early to begin the preparation.

Parish Information

Bulletin Deadline

All material is to be submitted to the parish office before noon Wednesday prior to the Sunday it is to appear. Email to: rectory-office@seas-np.org

New or Moving Parishioners

Please call the office to arrange an appointment with the Pastor to register in the Parish. Please call the office to notify us of any address change.

Your Will

Ask your attorney to include remembrance of your Church in your will.

Religious Vocations

Any young woman interested in religious life, or young man interested in a vocation to the priesthood should contact your pastor. Please pray for vocations!

Education

Family Formation Program

Sunday mornings (Sept-May) 11:30 a.m. – 12:30 p.m.

Rite of Christian Initiation of Adults (R.C.I.A.)

For those interested in possibly joining the Catholic Church. Usually on Wednesdays (Sept-May), 7:00 p.m. - 9:00 p.m. in Parish Hall. Please contact the parish office for more information.

SCHEDULE OF MASSES

Monday June 8 8:00 a.m.
 Tuesday June 9 **7:00 a.m.**
 Wednesday June 10 **5:30 p.m.**
6:00pm-10:00pm Eucharistic Holy Hours => Spend time with Jesus
 Thursday June 11 8:00 a.m.
 Friday June 12 **5:30 p.m.**
 Saturday June 13 **5:00 p.m.**
 Sunday June 14 **10:00 a.m.**

INTENTIONS

Joseph P. Klosen +
 Don Jacobs +
 Elli (Fugate) Schmidt
 Margaret Ruskamp +
 Marty Estrada
 People of our Parish
 Anna Lee

*God so loved the
 world that He gave
 His only Son.*

— John 3:16a

Stewardship: May 31, 2020

Adult Envelopes:\$2,695.00
Loose Plate:\$56.25
Children:\$0.00
Holy Day: (Easter)..... 5.00
Holy Day: (Ascension Thursday)..... **\$45.00**
Total:\$2,801.25

Joy of the Gospel Campaign

Total Pledged:\$958,770.00
 Gifts last week:\$120.00
Total Gifts Received:.....\$886,743.05
 Original DIAL Loan:.....1,485,000.00
 Total Received (CTTF Camp):\$1,025,440.07
 Misc Donations Received:.....\$739,940.31
 Total Payments on Loan:.....\$1,702,428.04
 Balance on DIAL LOAN:..... **\$61,613.45**

Southern NE Register:\$0.00
 Holy Land:\$5.00

Parish Calendar

Wednesday June 10 **6:00pm – 10:00pm:** Eucharistic Adoration
 Thursday June 11 **1:00pm:** Adult Bible Study via ZOOM (*contact Teri Volesky*)
 Fri.-Sat. Jun. 12-13 Online Retreat with Bart Schuchts

Catholic School News:

St. Pat's Alumni & Friends Golf Tournament! ... When: Friday, July 3rd, 2020 *Shotgun Start at 1:00pm. Where: River's Edge Golf Course Cost: \$200 per team *Registrants may pay in advance by check, OR Pay with cash, check, or credit card the day of the event *E-mail team registration info to: w.dodson@npcschools.org or call 308-534-5939 Teams: 4 players per team *Players do not have to be St. Pat's Grads. ALL are welcome! *Team Check-In begins at 12:30pm in the clubhouse *Carts provided *Mulligans available for purchase. *Send registration fee to: SP Alumni Golf PO Box 57 North Platte, NE 69103. *Proceeds benefit the St. Pat's Activities Association.

Reception: Join us for a reception following golf to honor retiring Principal/AD Mark Skillstad! 5:30pm – 7:30pm at Another Round. Cash bar & light hors d'oeuvres. Stop by to wish him well! Contact NPCS Endowment Director Wendy Dodson: 308-534-5939, w.dodson@npcschools.org.

*The NPCS Campus will be open for the Alumni Open House on Saturday, July 4th from 11:00am – 1:00pm. Refreshments and yearbook display in the SPHS Cafeteria. The Saturday evening alumni reunion banquet has been cancelled.

North Platte Catholic School: Faith & Knowledge for a Brighter Future

Good Counsel Retreat House Retreats ...

Good Counsel Retreat House is able to bring you online at-home Saturday Reflections. For all these virtual retreats, registration is required to receive the live-streaming, but a donation is not required. See below:

Online Retreat with Bart Schuchts ... Online Retreat June 12-13, 2020 with Bart Schuchts of the John Paul II Healing Center, "Abiding in His Love," on John Ch. 15. A free-will offering is asked for the live-streamed talks, sponsored by Our Lady of Good Counsel Retreat House: www.goodcounselretreat.com, goodcounsel@cdolinc.net, 402-786-2705.

Retreat for Moms of Young Children ... Join Fr. Ben Holdren on July 11th at Good Counsel Retreat house for a one-day retreat specifically for moms of young children. Babies are welcome & rooms available for pack n plays, etc. More info. at <https://lincolndiocese.regfox.com/ymretreat>. Questions? Contact marilyn-klein@cdolinc.net

Daughters of Charity (Altar Society) Meeting:

will be **Sunday, June 14, at 11:30am** in person in the Parish Hall (*observing a Social Distance*) **and** via ZOOM. All women are invited & encouraged to participate either in person or virtually through ZOOM. All of the women (that for whom we have emails) will receive an email invitation to join the ZOOM meeting later this week. *If you have never used ZOOM before or have questions, please contact Fr. Seiker BEFORE the meeting begins.*

Knights of Columbus Meeting ... Mon, June 8 ~~15~~, 7:00pm, in person in the Parish Hall (*observing a Social Distance*) **and** via ZOOM. All Knights are invited to participate. *If you have never used ZOOM before or have questions, please contact Fr. Seiker BEFORE the meeting begins.*

Seven Sisters Apostolate Retreat ... We have been in contact with the speaker, Janette Howe, foundress of the International Seven Sister Movement, who was planning to come to our parish July 18. With the current unknown world conditions Janette feels it is best to cancel her trip to our parish this summer. We will be in contact again next winter and hopefully we will be able to host Janette then. We're so sorry!

Couples' Retreat ... The Family Life Office is offering a one-day retreat for couples experiencing infertility on June 27th at St. Patrick's parish in Lincoln. Retreat will also be live-streamed. See <https://lincolndiocese.regfox.com/infertilityretreat> for more information. Questions? Contact marilyn-klein@cdolinc.net

Creighton Model FertilityCare System ... Creighton Model is a women's health science that allows users to learn more about their fertility and, in conjunction with NaProTECHNOLOGY, treat many reproductive disorders. Introductory sessions for July are scheduled for 7:00pm on the 9th and 28th at John XXIII Diocesan Center. For more info or to register, visit <https://lincolndiocese.regfox.com/creighton-introductory-session>.

Totus Tuus ... will NOT be in North Platte or any of the Parishes this year due to COVID-19.

Crossroads Walkers ... will NOT be in North Platte this year due to COVID-19. They MIGHT have an shortened walk East of us.

Praise the Holy Trinity ... Some truths, like the very existence of God, can be known by human reason alone. Other truths, like the fact that God is One in Three Persons – Father, Son, and Holy Spirit – can only be known if God reveals them to us. We could never conclude on our own that God is a Trinity. Today's Feast is not only an opportunity for thanking God for telling us more about himself. It is an occasion to take courage as we strive for deeper unity within the human family. God reveals himself to us in order to make us more like himself – not just as individuals, but as families, nations, and an international community. We grow in unity as we give ourselves away to one another, just as the Father, Son, and Holy Spirit give themselves to each other completely.

#7 Different Types of Prayer ... (by Father Gary Coulter, director, Our Lady of Good Counsel Retreat House)

Throughout the gospels we often see Jesus going off to pray. And when the disciples see Jesus in prayer, they asked him, "Lord, teach us to pray." Jesus replied with the prayer we know as the "Our Father." In teaching us the Our Father, Jesus not only gives us a prayer we should say, but also shows us an example for our prayer, a pattern of what our prayer should be like. Today as we examine the great importance and necessity of prayer, we can see the different forms our own prayer should take, based on the prayer Jesus taught us. And again I recommend the last section of the Catechism, which is a complete commentary on the Our Father.

Note first how the Our Father is divided: the petitions in the first half deal with our praise of God, in the second half things that concern each of us. This is no accident, for when Jesus teaches us to pray, he teaches that our prayer must first focus on God, and only second on ourselves. This reminds us of the traditional definition of prayer: the raising of one's mind and heart to God.

Christ teaches us of the most important form of prayer: **adoration**. Adoration begins with recognizing God and worshiping him for what he has done. That's why we pray, "Our Father, who art in Heaven, hallowed be thy name, thy kingdom come, thy will be done." But notice how quickly the Lord's prayer moves us a step beyond just recognizing and admitting God's excellence, to saying "Thy will be done". Adoration strictly speaking involves an act of surrender to his will. Adoration is not just recognizing God's love for us, but also loving him back in return as a result - worshiping Him as our creator, we admit that we depend on him for everything.

This adoration leads to a second form of prayer, **thanksgiving**. Prayer of thanksgiving is our appreciation for what the Lord has done specifically for us - the gratitude for the goodness and generosity he has shown to me personally - and this helps us draw ever closer to him. The very word Eucharist is a Greek word that means thanksgiving, so each Mass is really a prayer of thanksgiving. There we show our gratitude for God's greatest work, our salvation, how he set each of us free from sin and death through Christ's death on the cross.

A simple practice that has transformed my own prayer life is to pause at the end of each day and recall two or three things I need to be thankful for. It has become a moment for me to recognize the blessings I received that day, to see the ways God was working in my life that day, and to be thankful for the so many things I usually take for granted. Of course, at the end of the day, I still do an examination of conscience, to be aware of my sins and failings that day for which I need to ask the Lord's forgiveness. But adding a prayer of thanksgiving has helped me to focus on some of the positives, not just the negatives.

In the second half of the Our Father our petitions turn more on ourselves and our needs, and we see a third form of prayer, the prayer of **petition**. We pray "give us our daily bread" and "deliver us from evil." Yet, notice how this is still a prayer of adoration, for it expresses our awareness of our relationship with God. We realize that we need his help; that He is the one who can provide for us, so we pray to him with confidence for both our spiritual and physical needs.

One of the most important prayers of petition we can make is to ask for forgiveness. In adoring the Lord, we realize that we are sinners who have turned from Him. We pray: 'Forgive us our sins, as we forgive those who sin against us.' This is the fourth form of prayer, that of **Contrition**,

asking for forgiveness. The Our Father and other prayers such as the Act of Contrition express our sorrow for having offended the Lord and beg His loving grace and mercy.

I learned a simple acronym when I was young, for these four types of prayer, A.C.T.S.: A - Adoration, C - Contrition, T - Thanksgiving, S - Petition. Actually, "S" is for Supplication - a fancy word for petition. But when the Catechism of the Catholic Church was published in 1994, it added a fifth type of prayer that I didn't learn in grade school: that of praise.

Therefore Fr. John Bartunek (in his book of scripture meditations, "The Better Part") gives a new acronym you can write down and memorize if you want: P.A.S.T.A. Praise, Adoration, Sorrow (which is our prayer of Contrition), Thanksgiving, and Asking (our prayer of supplication or petition.)

Fr. Bartunek calls praise a "fundamental and primary form of prayer." To praise someone in general is to speak well of his or her good qualities. Praising God then, consists in acknowledging, recognizing, and admiring his infinite and incomparable excellence. So why should praise be the foundation of our prayer? Because prayer is first a recognition that he is God, and I am not God. We are completely dependent upon him, infinitely less than him. And so to have an honest relationship with God, the first gesture of our heart must be one of humility. The prayer of praise is when we allow ourselves to be filled with wonder and awe in his majesty, to ponder his mind-boggling love for us, as evidenced by the simple fact that he has created us (something he didn't have to do). We can mediate on how he has sent his son to become one of us to redeem us (something we didn't deserve). And God continuously invites us to walk with him toward his everlasting home in his heavenly kingdom.

If we neglect to recognize God's greatness and praise him for it, our relationship with him will languish. If adoration is a surrendering of our will to God, why would we ever surrender unless we first recognize God's excellence and wisdom? How will we ever give thanks to God for his generous gifts to us, and for his providence in guiding the events of our lives, unless we acknowledge and praise his goodness and wisdom? Why would we approach God in sorrow and contrition, asking forgiveness of our sins, unless we first acknowledge and appreciate his infinite mercy? This is why praise must be the very foundation of our prayer and our relationship with God - which the catechism describes as a "vital and personal relationship with the living and true God." (2558)

So by not only using one type of prayer, but rather practicing all five, we can greatly help our spiritual life, plus add variety to our time in prayer.

Application: Prayer Exercise ... (by Father Gary Coulter)

Choose a time and place for an Examination of Conscience (Examen prayer) by setting aside ten minutes. (Typically, at the end of the day, but really it can be done anytime.) Using the model given by St. Ignatius of Loyola in the Spiritual Exercises, your Examen can have five steps:

1. **Give thanks to God** for favors received. Pause to look at this day's gifts. Take stock of what you received. Realize God's manifestations of concern for you. Give thanks for graces, and praise God for the times you responded in ways that allowed you to better see His life working in your life.
2. **Ask for the grace** to know my sins and rid myself of them. Pray for the Holy Spirit's aid, asking that you can look upon your actions and motives with honesty and patience. The Spirit gives a freedom to look upon yourself without condemnation and without complacency and thus be open to growth.
3. **Review the day** and how you lived it. Recall the events of your day, explore the context of your actions. Examine hour by hour to see your interaction with what was before you. Ask what you were involved in and who you were with, and review your thoughts, words, actions and motives. What moved you to act the way you did?
4. **Ask pardon** of God for my faults. Having reviewed this day of your life, recognizing your sins, faults and omissions, look upon yourself with compassion and see your need for God's mercy. Express sorrow for sin, pray an Act of Contrition.
5. **Resolve to amend** with the grace of God. Strive to amend by making practical resolutions that will lead to growth and improvement the next day. Pray words of resolve and ask His grace and help.

To conclude: Make note of at least one resolution & some practical steps to make it happen: how can I live & love tomorrow better than I did today?

Liturgical Ministers

Lector		
Acolyte		
Server		
Music		
Gifts		
Ushers		
Rosary		

Readings for the Week

Monday:	1 Kgs 17:1-6; Ps 121:1bc-8; Mt 5:1-12
Tuesday:	1 Kgs 17:7-16; Ps 4:2-5, 7b-8; Mt 5:13-16
Wednesday:	1 Kgs 18:20-39; Ps 16:1b-2ab, 4, 5ab, 8, 11; Mt 5:17-19
Thursday:	Acts 11:21b-26; 13:1-3; Ps 65:10-13; Mt 5:20-26
Friday:	1 Kgs 19:9a, 11-16; Ps 27:7-9abc, 13-14; Mt 5:27-32
Saturday:	1 Kgs 19:19-21; Ps 16:1b-2a, 5, 7-10; Mt 5:33-37
Sunday:	Dt 8:2-3, 14b-16a; Ps 147:12-15, 19-20; 1 Cor 10:16-17; Jn 6:51-58

Prayers for the sick: Steve Haman, Sharon Beckius, Those affected with/by COVID-19, Eli Skoch (nephew of Maggie [Skoch] Butler), Theresa McCarthy-Garth, Young woman (with many difficult situations), Troy Tickle, Iris Wyman Lloyd, Peggy Lawler, J.D. Troyer, Matt Reisen (Matt & Ashley Perlinger's friend), Special Intention, Carolyn Cohen, Tim Garth (Theresa McCarthy-Garth's son), Those struggling with Alcoholism, Mary Lou Robles (Toni Barron's sister), Renate Nordquist, Mike & Kim Paul, Jim Beckius.

Prayers for the deceased: Nellie Rodriguez (Toni Barron's sister), Reyes Robles (Toni Barron's brother-in-law), Margaret Ruskamp (Donna Bode's mother), Dolores Kosmicki, Patricia Zamora (Toni Barron's sister), Teresa Cloutre, Gordon Swanson (Cindy Swanson's father), Florena Schneewis (Emily Krondak's mother), Carlos Fleury (Steve/Janet Fear's son-in-law), Ruby Ramirez (Toni Barron's sister), JoAnn Bode Waters (John Bode's sister), Eileen Boltz, Leona Cloutre, Bernadine Torres, Martha Burbach, Luke Ranck.

Birthdays/Anniversaries: 6/9-Mark Leathers, 6/11-Roger Morlang, 6/13 - Ignatius Wartman, Chris Barger.
Congratulations: to Michael & Carissa Lafleur who celebrate their 5th Wedding Anniversary June 6.

TREASURES FROM OUR TRADITION ... The liturgy seems reluctant to return to Ordinary Time from the joys of Easter, and so the festivities extend to today's celebration of the mystery of God's relationship to us as Father, Son, and Holy Spirit. The Gospel today centers the question of our relationship with God in the struggle of Nathaniel to believe that it is possible to experience "rebirth" in the Spirit. The answer of Jesus is that God's response to the messes of this world is the mystery of saving love in Jesus Christ and the outpouring of an empowering Spirit. Western church architecture often tops a church building with a spire, indicating humanity's reach to a transcendent God. The Eastern Church responds with onion shaped domes, indicating the Spirit's being poured down upon humanity precisely at this locale, the gathering of the faithful for the Divine Liturgy. This familiar design encodes a great mystery: here, at the Lord's table, we experience the outpouring of the Spirit for the life of the world. Nathaniel came to Jesus by night, since he was still working out the meaning of his life. A life attuned to the inner life of the Trinity must always be given to the light of day. — Copyright © J. S. Paluch Co.

GRACE AND ETERNAL LIFE ... Moses is a man after our own hearts, for haven't we all dealt with more than our share of stiff-necked people? Indeed, haven't we all gotten a little stiff-necked ourselves at times? Complaining, impatient, quick to anger. How lucky for Moses – how lucky for all of us – that God is exactly the opposite! And we don't even have to guess about it. The Lord tells us so directly. Accordingly, Moses does what we all need to do. Even with the tablets in hand, he bows down and asks for God's forgiveness and grace. Encouraging us to live together in peace – and in God's favor – the Apostle Paul knows all about this grace, joyfully invoking Christ's grace on us along with God's love and the Holy Spirit's. "Rejoice," he says. And when it comes to rejoicing, John offers us the gladdest words of all: the assurance of eternal life through Jesus. – Copyright © J. S. Paluch Co.

HOLY TRINITY ... The Father is my trust, the Son is my refuge, the Holy Spirit is my protection. O holy Trinity, glory to Thee. — Byzantine Horologion, Troparion at Nocturns, sixth century

ON A SUMMER'S DAY ... Rest is not idleness, and to lie sometimes on the grass under trees on a summer's day, listening to the murmur of the water, or watching the clouds float across the sky, is by no means a waste of time. — John Lubbock

JUNE ... And what is so rare as a day in June? Then, if ever, come perfect days. — James Russell Lowell

Pray for our Seminarians: Christian Thomas Schwenka, from Holy Family Parish in Heartwell. He entered the Seminary in 2016. He is in Theology 2 at Mount Saint Mary Seminary.

Pray for our Religious Sisters: School Sisters of Christ the King, Marian Sisters of the Diocese of Lincoln, Sisters at the Carmel of Jesus, Mary & Joseph, Pink Sisters, Sisters of Mary, Queen of Mercy.

HOLY FATHER'S INTENTIONS ... June

Prayer Intention for Evangelization: The Way of the Heart: We pray that all those who suffer may find their way of life, allowing themselves to be touched by the Heart of Jesus.