

# ST. ELIZABETH ANN SETON CHURCH



Father Mark Seiker  
3301 Echo Drive  
North Platte, Nebraska 69101

Rectory / Office [308-534-5461](tel:308-534-5461)

Parish Hall: 534-0511

Parish email: [rectory-office@seas-np.org](mailto:rectory-office@seas-np.org)

Webpage: <http://www.seas-np.org>

## *4<sup>th</sup> Sunday of Easter* *April 25, 2021*

**Welcome to St. Elizabeth's:** It is our hope that you feel at home and among friends here at St. Elizabeth. If you are a visitor for a day, we pray God's speed on your journey. If you are looking for a parish community, we would be delighted to welcome you into our parish family. Please introduce yourselves. Registration forms are available in the entry racks or contact us anytime at 308-534-5461.

### Religious Services

#### **Mass Schedule** For Sunday Obligation:

Saturday 5:00 p.m.

Sunday 10:00 a.m.

#### **Weekdays & Holy Days**

As published in the Bulletin.

#### **Rosary**

Prayed **8:30 a.m.** Monday mornings, and  
30 minutes before weekend Mass.

#### **Sacrament of Confession**

Offered 30 minutes before most all daily Masses

Saturday 4:00 p.m. – 4:55 p.m.

Sunday, 9:00 a.m. – 9:55 a.m., or by appointment.

#### **Sacrament of Baptism**

Parents are asked to attend a baptism preparation class. This is recommended, and easiest to do before the birth of the child, but must be done before the baptism.

#### **Sacrament of Matrimony**

To assist those who plan to marry, all couples will be required to

fulfill the diocesan marriage preparation policy, which includes the FOCCUS & Engaged Encounter Programs. This requires a minimum of 4-6 months. The assessment process must be completed before a wedding date is set. Contact pastor early to begin the preparation.

### Parish Information

#### **Bulletin Deadline**

All material is to be submitted to the parish office before noon Wednesday prior to the Sunday it is to appear. Email to: [rectory-office@seas-np.org](mailto:rectory-office@seas-np.org)

#### **New or Moving Parishioners**

Please call the office to arrange an appointment with the Pastor to register in the Parish. Please call the office to notify us of any address change.

#### **Your Will**

Ask your attorney to include remembrance of your Church in your will.

#### **Religious Vocations**

Any young woman interested in religious life, or young man interested in a vocation to the priesthood should contact your pastor. Please pray for vocations!

### Education

#### **Family Formation Program**

Sunday mornings (Sept-May) 11:30 a.m. – 12:30 p.m.

#### **Rite of Christian Initiation of Adults (R.C.I.A.)**

For those interested in possibly joining the Catholic Church. Usually on Wednesdays (Sept-May), 7:00 p.m. - 9:00 p.m. in Parish Hall. Please contact the parish office for more information.

## SCHEDULE OF MASSES

Monday	Apr. 26	8:00 a.m.
Tuesday	Apr. 27	
Wednesday	Apr. 28	<b>5:30 p.m.</b>
<b>6:00pm–10:00pm Eucharistic Holy Hours =&gt; Spend time with Jesus</b>		
Thursday	Apr. 29	<b>8:00 a.m.</b>
Friday	Apr. 30	<b>12:10 p.m.</b>
		<b>5:30 p.m.</b>
Saturday	May 1	8:00 a.m.
		<b>5:00 p.m.</b>
Sunday	May 2	<b>10:00 a.m.</b>

## INTENTIONS

Special Sick Intention (jls)  
 - NO Scheduled Parish Mass -  
 MaKenna Ketter  
 Ned & Adela Hernandez & Family +  
 Martha Burbach +  
 Parishioners with Birthday in May  
 Robert LeFevre +  
 People of our Parish  
 Beatrice Estrada +

**“I am the  
 good shepherd,  
 says the Lord;  
 I know my sheep,  
 and mine know me.”**

## Stewardship: April 18, 2021

**Adult Envelopes:** .....\$2,215.00  
**Loose Plate:**.....\$297.00  
**Children:**.....\$0.00  
**Holy Day:** (Easter Sunday)..... \$100.00  
**Total:** .....\$2,612.00

**Joy of the Gospel Campaign**  
 Total Pledged: .....\$958,770.00  
 Gifts last week: .....\$50.00  
**Total Gifts Received:.....\$945,823.05**  
**Original DIAL Loan:.....1,485,000.00**  
**Total Received (CTTF Camp):\$1,025,440.07**  
**Misc Donations Received:.....\$739,940.31**  
**Total Payments on Loan:.....\$1,765,812.77**  
**Balance on DIAL LOAN:..... \$0.00**

Rice Bowl: .....\$0.00  
 Holy Land: .....\$60.00  
 Southern NE Register: .....\$15.00  
 NP Catholic Food Pantry: ...\$0.00  
 CombinedCollectionNon-Specified:.....\$0.00  
 Catholic Communication: .....\$0.00  
 Catholic Home Missions: .....\$0.00  
 Retired Religious:.....\$0.00

### Parish Calendar

Sunday	Apr. 25	11:30am: <b>Combined April / May Daughters of Charity Meeting</b> in Person and via Zoom
Wednesday	Apr. 28	6:00pm – 10:00pm: Eucharistic Adoration      7:00pm – 9:00pm: RCIA Classes in Person and via Zoom
Thursday	Apr. 29	1:00pm: Adult Bible Study (contact Teri Volesky)
Saturday	May 1	9:30am: Walk for Life at Women's Resource Center
Sunday	May 2	11:30am: <b>Family Formation Classes</b> , Parents & Children (in Person and via Zoom)

## Catholic School News:

**Upcoming Events:** Apr. 27: 9:00am- Golf @ Kearney Catholic, DARE Graduation @ McDaid, Apr. 28: 8:00am- Bump Up Day, State Quiz Bowl, Music @ NPCC, Apr. 29: 10:00am- JH Track @ Chase County, 4:00pm- Baseball vs. Kearney JV, 4:00pm & 6:00pm- Doubleheader, Apr. 30: SPVA Track @ Perkins County, SPVA Golf @ Bridgeport, May 1: Baseball @ Lincoln Christian, Re-scheduled Double Header—3:30pm & 5:30pm.

**St. Pat's National Honor Society Drive-Thru:** Dine Out to Help Out on Sunday, April 25, 12:00pm-3:00pm, St. Pat's High School, \$10 per meal Pulled Pork Sandwich, chips, side, dessert & water. Pull up to the front of St. Pat's HS, Pay, Pick up your meal and go home to Enjoy! Thank you for your supporting NHS!

**Bump-Up Day 2021:** Interested in enrolling? This day is for you! Wednesday, April 28<sup>th</sup>, 8:00am-12:00pm: Bump-Up Day gives students an idea of what to expect the next school year. The special day allows current and incoming students to “bump up” to the next grade level to meet those teachers, see those classrooms and find out what they will be learning about when they come back to school in August. Grades 4/5 Pre-K through 6<sup>th</sup> all participate in this day. The students will be dismissed to their current teachers after they eat lunch. If your family is considering enrollment at NPCC, please join us on this day or contact Gwen Covey @ 308-532-1874 for more information. In a world filled with challenges, Catholic schools provide an opportunity for students to live out their faith, serving God and one another.

**North Platte Catholic School: Faith & Knowledge for a Brighter Future**

**Catholic Daughters ...** will meet **May 3, 7:00pm**, in St Pat's Spiritual Life Center. Please bring your rosary & wear a mask; hope to see you!

**Walk for Life ... May 1, 9:30am, Women's Resource Center,** 209 McNeel Lane. You can help save children's lives and promote the Church's teaching on marriage and family by sponsoring a walker in the 20<sup>th</sup> Annual Walk for Life. Contact walkers Sophia Krondak 308-520-6673 or Peggy Orr 308-532-3333 or go to the link [www.friendsofwrc.com](http://www.friendsofwrc.com). More walkers are still being welcomed. For more information on being a walker, contact the WRC (308-534-1440).

**Family Formation Parent's Meeting ...** Our **May Meeting** is on **Sunday, May 2, 11:30am-12:30pm** in Parish Hall, for all parents of School age children, and in person classes for children Grades K-6. Children, Teachers, and Parents will all be asked to wear masks during the classes (similar to what is being done in many schools). Parents are asked to teach their children by their example ... it is important for parents to learn the faith also! **Every day is a school day!**

**Daughters of Charity (Altar Society) Meeting:** a **combined April / May Meeting** will be **Sunday, April 25, at 11:30am** in person in the Parish Hall (*observing a Social Distance*) **and** via Zoom. All women are invited & encouraged to participate either in person or virtually through Zoom.

**Unveiled: Discovering the Great Mystery in Your Marriage ...** The St. Thomas Aquinas Newman Center is hosting this Unveiled Retreat **July 15-17**. Now offered in-person and virtually via livestream! Discover how the great mystery of Christ's love can restore passion, purpose and intimacy in your marriage. In Unveiled, a retreat led by the John Paul II Healing Center, you'll engage topics grounded in Church teaching such as: “Discovering True Love,” “A Whole New Look at Your Wedding Day,” “Cultivating Intimacy and Unity in Your Marriage,” “Understanding Your Marital Conflict,” “Healing and Reconciliation in Your Marriage,” and “Restoring Sexual Passion and Intimacy in Your Marriage.” This retreat is open to singles discerning marriage, dating and engaged couples, and couples who have been married for many years! Learn more and register for this amazing experience at: [www.jpilhealingcenter.org](http://www.jpilhealingcenter.org). Scholarships available. Email Stephanie & Jude Werner at [UnveiledLincoln@gmail.com](mailto:UnveiledLincoln@gmail.com) for more information. This event is sponsored by the Catholic Diocese of Lincoln Office of Family Life.

**Southern Nebraska Register ...** subscription rate: \$15 for one year. Make checks payable to St. Elizabeth Ann Seton Church. Thank you!

## Good Counsel Retreat House Retreats

Register for Online & in person Retreats sponsored by Good Counsel Retreat House [www.goodcounselretreat.com](http://www.goodcounselretreat.com), 402-786-2705, or [goodcounsel@cdolinc.net](mailto:goodcounsel@cdolinc.net).

### April - July Schedule:

Apr. 29 - May 2 Fr. Gary Coulter ..... Men / Women  
"4-day Directed Spiritual Exercises" (Thu-Sun)  
May 7-8 ..... Janette Howe of Seven Sisters Apostolate .Women  
"Real Women Wear Armor" (24 hour Retreat)  
June 14-22 ..... Fr. Gary Coulter & Matt Simmons..... Men / Women  
"8-Day Private Directed Ignatian Retreat" (Mon-Tue)  
June 14-18 ..... Fr. Gary Coulter & Matt Simmons..... Men / Women  
"4-Day Private Directed Ignatian Retreat" (Mon-Fri)  
June 18-22 ..... Fr. Gary Coulter & Matt Simmons..... Men / Women  
"4-Day Private Directed Ignatian Retreat" (Fri-Tue)  
June 21-25 ..... Jesu Caritas Fraternity of Priests (for Priests only)  
"Week of Nazareth"  
July 5-13 ..... Fr. Christopher Barak/Matt Simmons Men / Women  
"8-Day Private Directed Ignatian Retreat" (Mon-Tue)  
July 5-9 ..... Fr. Christopher Barak/Matt Simmons Men / Women  
"4-Day Private Directed Ignatian Retreat" (Mon-Fri)  
July 9-13 ..... Fr. Christopher Barak/Matt Simmons Men / Women  
"4-Day Private Directed Ignatian Retreat" (Fri-Tue)

**Laying Down Our Lives ...** The Good Shepherd lays down his life for his sheep. This theme is found also in the story of the Good Samaritan (*Luke 10:25-37*) On the road from Jerusalem to Jericho, a man fell in with robbers. A priest and a Levite came by, but did not stop to help. Despite their knowledge of the Law and Prophets, they walked right by. Why? One of the reasons may be that they were afraid. The road from Jerusalem to Jericho is a dangerous road. Because of its numerous steep curves, it lends itself to attacks by robbers who can easily hide not too far from their victims. Perhaps the priests and Levites who passed by that man asked themselves, "If I stop to help this man, what will happen to me? Maybe the robbers who attacked him are still here. Maybe they're hiding just around the bend. This is a dangerous road. I better keep going." Sometimes we ask the same question. If, for example, I speak up too loudly about the victims of abortion, what will happen to me? Will I face persecution, will I encounter opposition, will I lose popularity if I get involved in a cause like this? And then the Good Samaritan came along, and he reversed the question. He didn't ask, "If I help this man, what will happen to me?" The Good Samaritan asked, "If I do not help this man, what will happen to him?" And that's the question for us. If I do not address this evil, what will happen to the unborn? If I do not get involved, what will happen to those who are vulnerable, to those who are marginalized our society, those who are oppressed, those who have no one to speak for them?

### **Renew Subscriptions to MAGNIFICAT! ...**

MAGNIFICAT is a monthly publication containing a short morning, evening, & night prayer, & a short daily meditation; as well as the Scripture readings for the Daily & Sunday Masses, essays on the lives of the saints, and spiritual insight into masterpieces of sacred art. Magnificat is a good way to learn more about your faith & deepen your prayer life and your relationship with God. The **annual group subscription rate is \$23.00/each**. That is a savings of \$24.00 off regular (*individual price of \$47.00*). If you would like to be a part of the group / bulk subscription, please turn in payment (checks to St. Elizabeth Ann Seton) to Fr. Seiker. The **group subscription** runs from **Aug. 2021-Jul. 2022**. Those in our Group may also read Magnificat either **online** or on **iPhone** or **iPod**.

### **Retreat for Couples Experiencing Infertility ...**

There will be a Day Long Retreat for couples or individual spouses experiencing primary or secondary infertility held on **May 1st, 2021 from 9:00am-4:00pm**, led by Fr. Tim Danek with other guest speakers at John XXIII Diocesan Center in Lincoln or **virtually**. Cost is \$15 / 35 / 60 for virtual / individual / couple and in person includes Mass and brunch. Sign up / more information at <https://lincolndiocese.regfox.com/infretreat>.

## **Day for Reflection (Open to all Women) ...**

**Thursday, May 6 at St. Elizabeth Ann Seton Church**, for all women. Any Catholic woman (or Catholic man) is welcome to participate. The theme will be **"Real Women Wear Armor"**. Registration & Continental Breakfast will begin at 8:00am, 8:45am=Scriptural Rosary; 9:15am=Mass (celebrated by Bishop Joseph Hanefeldt), followed by Session #1, Lunch, Session #2, Q & A, and the sung Divine Mercy Chaplet. The Day Session will end at 3:00pm. There will also be an **EVENING SESSION 6:30pm-8:30pm. Foundress Janette Howe will be our Retreat Leader.** Suggested Fee: \$10.00. Registration is required before April 26, 2021. Bring Your Bible! You may register at: <https://seas-no.org/>. The Day Session and Evening Session will be available on Live-Stream through ZOOM. Contact: Joan Rvland, 10148 West Platte Valley Rd, North Platte, NE 69101, Text: 308-520-6800, Email: [rylandjoan@yahoo.com](mailto:rylandjoan@yahoo.com).

## **Charity & Stewardship Appeal CSA 2021 (DDP) ...**

on April 24-25, May 1-2, you will be asked to step in the Narthex after Mass to make your pledge for The Charity and Stewardship Appeal (**CSA 2021**). The goal for St. Elizabeth Ann Seton is **\$8,260.00**. These funds will be used for various programs funded by the Charity & Stewardship Appeal (**CSA 2021**).

Since we support a Catholic Grade School & High School, **80% of our goal & everything over our goal comes back to us, to help us provide Catholic education through our local Catholic School!**

Just as we are one in the Body of Christ, we must remember that we are one with other parishes in our diocese. Once a year, our bishop asks each of us to make a commitment to support the work of our diocesan programs and ministries that provide services that no one parish could provide on its own. This effort is a means by which we can all work together to care for the Church by sharing the gifts God has granted us. Our parish goal is 100% participation. Please experience the joy of giving and join us as we work to continue God's work of spirituality, charity and education. Over the last 27 years, St. Elizabeth Ann Seton Church has greatly benefited from The Charity and Stewardship Appeal (CSA): we have borrowed \$436,457.04 for Parish Hall, Rectory, & Farm. We borrowed \$1,485,000 for the new Church at very low interest rates. **We have paid off ALL of our loans for Parish Hall, Rectory, the "Farm", and the Church.** We need to continue to make a gift to CSA 2021 at a similar level as in previous years, & also use regular Sunday envelopes!

## **Contact Your Senators About LB364 ...**

NCC priority bill B364, **the Opportunity Scholarships Act**, will be debated by the Nebraska Legislature on Wednesday! If you haven't already, please send a message to your State Senator urging them to support this bill. **LB364**, introduced by Senator Lou Ann Linehan and co-sponsored by 16 other senators, **increases scholarship opportunities for low-income families to attend the private school of their choice by enacting a tax credit for donations to nonprofit scholarship granting organizations.** So many parents dream of being able to choose and afford a different education for their children. LB364 can make these dreams a reality for countless parents and kids in our state. Opponents of this bill will likely try to stop LB364 with a filibuster, which we will need to overcome with at least 33 'Yes' votes from Senators. Urge your Senator to vote 'Yes' on cloture and 'Yes' to investing in our Nebraska kids with LB364! **Go to the NCC website: <https://www.votervoicenet.com/NECATHOLIC/campaigns/83801/respond> to send an email.**

## **FROM FR. MARK SEIKER:**

**Fr. Seiker's schedule ...** Mon. Apr. 26 – Tue. Apr. 27. I will be going to my monthly Jesus Caritas meeting with Priests in Waverly & spend time with family on Tuesday. I will return Wednesday morning.

### **Results of the Parish Council Elections ...**

Congratulations to the newly elected members of the Parish Council: **Ron Tejral** and **Cindy Swanson**. Thank you to all those whose names were on the ballot and to those who voted. Thank you to Kanen Hammond and Spencer Hampton, who have completed their terms on the Parish Council. I appreciate each of the persons who have served on the parish council, & the gift of time & effort to the Parish through their time given to Council & the many extra ways they shared their talents.

## Liturgical Ministers

<b>Lector</b>	
<b>Acolyte</b>	
<b>Server</b>	
<b>Music</b>	
<b>Gifts</b>	
<b>Ushers</b>	
<b>Rosary</b>	

## Liturgical Calendar & Saints

Saturday:	Apr. 24	Easter Weekday (Wk. 3) St. Fidelis of Sigmaringen (Opt. Memorial)
Sunday:	Apr. 25	<b>4<sup>th</sup> Sunday of Easter</b>
Monday:	Apr. 26	Easter Weekday (Wk. 4)
Tuesday:	Apr. 27	Easter Weekday (Wk. 4)
Wednesday:	Apr. 28	Easter Weekday (Wk. 4) St. Peter Chanel, St. Louis de Montfort (Opt. Memorials)
Thursday:	Apr. 29	St. Catherine of Siena (Memorial)
Friday:	Apr. 30	Easter Weekday (Wk. 4) St. Pius V (Opt. Memorial)
Saturday:	May 1	St. Joseph the Worker (Opt. Memorial)
Sunday:	May 2	<b>5<sup>th</sup> Sunday of Easter</b>

**Prayers for the sick:** Daniel Nisley, Spencer Bale, Kim Prenosil, Kerry Heskett (Ben Heskett's sister), Rick Ryan, Cathy Leathers, J.D. Troyer, Cindy Ryan, Dean & Janice Large, Jennifer Schmid, Those affected with/by COVID-19, Peggy Lawler, Matt Reisen (Matt & Ashley Perlinger's friend), Special Intention, Tim Garth (Theresa McCarthy-Garth's son), Those struggling with Alcoholism, Renate Nordquist, Kim Paul.

**Prayers for the deceased:** Theresa McCarthy-Garth, Jim Beckius, Vinette Tenopir (Mickey Morlang's mother), Ginger Daigger Smith, Troy Tickle, Carolyn Cohen, Steve Haman (Matt Perlinger's uncle), Betty Conley (Bishop Conley's mother), Mike Paul, Sammy Medinger, Mary Lou Robles (Toni Barron's sister), Leo Walz, Ardis "Jo" Ginapp, Verna Kellogg, Bonnie Greco (Ashley Perlinger's grandmother), Shirley Lindekugel, Beatrice Estrada, Eloise Kramer (Monica Kramer's mother), Nellie Rodriguez (Toni Barron's sister), Reyes Robles (Toni Barron's brother-in-law), Margaret Ruskamp (Donna Bode's mother), Dolores Kosmicki, Patricia Zamora (Toni Barron's sister), Teresa Cloutre, Gordon Swanson (Cindy Swanson's father), Florena Schneweis (Emily Krondak's mother), Carlos Fleury (Steve/Janet Fear's son-in-law), Ruby Ramirez (Toni Barron's sister), JoAnn Bode Waters (John Bode's sister), Eileen Boltz, Leona Cloutre, Bernadine Torres, Martha Burbach, Luke Ranck.

**Birthdays/Anniversaries:** 4/26 – Jessica Biegler, Joan Ryland, Duane Johnsen, 5/1 – Justin Hampton, 5/2 - Cindy Keck, Greg Vandenberg.

## Catechism of the Catholic Church (Second Edition) PART FOUR – CHRISTIAN PRAYER

### SECTION ONE – PRAYER IN THE CHRISTIAN LIFE CHAPTER ONE – THE REVELATION OF PRAYER

#### The Psalms, the Prayer of the Assembly

**2587** The Psalter is the book in which The Word of God becomes man's prayer. In other books of the Old Testament, "the words proclaim [God's] works and bring to light the mystery they contain."<sup>39</sup> The words of the Psalmist, sung for God, both express and acclaim the Lord's saving works; the same Spirit inspires both God's work and man's response. Christ will unite the two. In him, the psalms continue to teach us how to pray.

**39** *Dei Verbum 2* In His goodness and wisdom God chose to reveal Himself and to make known to us the hidden purpose of His will (see Eph. 1:9) by which through Christ, the Word made flesh, man might in the Holy Spirit have access to the Father and come to share in the divine nature (see Eph. 2:18; 2 Peter 1:4). Through this revelation, therefore, the invisible God (see Col. 1:15, 1 Tim. 1:17) out of the abundance of His love speaks to men as friends (see Ex. 33:11; John 15:14-15) and lives among them (see Bar. 3:38), so that He may invite and take them into fellowship with Himself. This plan of revelation is realized by deeds and words having an inner unity: the deeds wrought by God in the history of salvation manifest and confirm the teaching and realities signified by the words, while the words proclaim the deeds and clarify the mystery contained in them. By this revelation then, the deepest truth about God and the salvation of man shines out for our sake in Christ, who is both the mediator and the fullness of all revelation. (cf. Matt. 11:27; John 1:14 and 17; 14:6; 17:1-3; 2 Cor 3:16 and 4, 6; Eph. 1, 3-14.)

**2588** The Psalter's many forms of prayer take shape both in the liturgy of the Temple and in the human heart. Whether hymns or prayers of lamentation or thanksgiving, whether individual or communal, whether royal chants, songs of pilgrimage or wisdom meditations, the Psalms are a mirror of God's marvelous deeds in the history of his people, as well as reflections of the human experiences of the Psalmist. Though a given psalm may reflect an event of the past, it still possesses such direct simplicity that it can be prayed in truth by men of all times and conditions.

**2589** Certain constant characteristics appear throughout the Psalms: simplicity and spontaneity of prayer; the desire for God himself through and with all that is good in his creation; the distraught situation of the believer who, in his preferential love for the Lord, is exposed to a host of enemies and temptations, but who waits upon what the faithful God will do, in the certitude of his love and in submission to his will. The prayer of the psalms is always sustained by praise; that is why the title of this collection as handed down to us is so fitting: "The Praises." Collected for the assembly's worship, the Psalter both sounds the call to prayer and sings the response to that call: *Hallelu-Yah!* ("Alleluia"), "Praise the Lord!"

What is more pleasing than a psalm? David expresses it well: "Praise the Lord, for a psalm is good: let there be praise of our God with gladness and grace!" Yes, a psalm is a blessing on the lips of the people, praise of God, the assembly's homage, a general acclamation, a word that speaks for all, the voice of the Church, a confession of faith in song.<sup>40</sup>

**40** St. Ambrose, *In psalmum 1 enarratio*, 1,9:PL 14,924; LH, Saturday, wk 10, OR.

**Pray for our Seminarians:** at St. Gregory the Great Seminary, Mount St. Mary Seminary, St. Charles Borromeo Seminary, and the North American College in Rome.

**Pray for our Religious Sisters:** School Sisters of Christ the King, Marian Sisters of the Diocese of Lincoln, Sisters at the Carmel of Jesus, Mary & Joseph, Pink Sisters, Sisters of Mary, Queen of Mercy.

## HOLY FATHER'S INTENTIONS ...

(April) **Universal intention - Fundamental rights:** We pray for those who risk their lives while fighting for fundamental rights under dictatorships, authoritarian regimes and even in democracies in crisis.