ST. ELIZABETH ANN SETON CHURCH



Father Mark Seiker 3301 Echo Drive North Platte, Nebraska 69101 Rectory / Office <u>308-534-5461</u> Parish Hall: 534-0511

Parish email: rectory-office@seas-np.org Webpage: http://www.seas-np.org

2nd Sunday in Ordinary Time January 14, 2018

Welcome to St. Elizabeth's: It is our hope that you feel at home and among friends here at St. Elizabeth. If you are a visitor for a day, we pray God's speed on your journey. If you are looking for a parish community, we would be delighted to welcome you into our parish family. Please introduce yourselves. Registration forms are available in the entry racks or contact us anytime at 308-534-5461.

Religious Services

Mass Schedule For Sunday Obligation:

Saturday 5:00 p.m. Sunday 10:00 a.m.

Weekdays & Holy Days

As published in the Bulletin.

Rosary

Prayed <u>8:30 a.m.</u> Monday mornings, and 30 minutes before weekend Mass.

Sacrament of Confession

Offered 30 minutes before most all daily Masses Saturday 4:00 p.m. – 4:55 p.m.

Sunday, 9:00 a.m. -9:55 a.m., or by appointment.

Sacrament of Baptism

Parents are asked to attend a baptism preparation class. This is recommended, and easiest to do before the birth of the child, but must be done before the baptism.

Sacrament of Matrimony

To assist those who plan to marry, all couples will be required to fulfill the diocesan marriage preparation policy, which includes the FOCCUS & Engaged Encounter Programs. This requires a minimum of 4-6 months. The assessment process must be completed before a wedding date is set. Contact pastor early to begin the preparation.

Parish Information

Bulletin Deadline

All material is to be submitted to the parish office before noon Wednesday prior to the Sunday it is to appear. Email to: rectory-office@seas-np.org

New or Moving Parishioners

Please call the office to arrange an appointment with the Pastor to register in the Parish. Please call the office to notify us of any address change.

Your Will

Ask your attorney to include remembrance of your Church in your will.

Religious Vocations

Any young woman interested in religious life, or young man interested in a vocation to the priesthood should contact your pastor. Please pray for vocations!

Education

C.C.D. Programs

Sunday mornings (Sept-May)11:00 a.m. – 12:15 p.m.

Rite of Christian Initiation of Adults (R.C.I.A.)

For those interested in possibly joining the Catholic Church. Usually on Wednesdays (Sept-May), 7:00 p.m. - 9:00 p.m. in Parish Hall. Please contact the parish office for more information.

SCHEDULE OF MASSES						
Monday	Jan.	15	8:00 a.m.			
Tuesday	Jan.	16	7:00 a.m.			
Wednesday	Jan.	17	5:30 p.m.			
Thursday	Jan.	18	8:00 a.m.			
Friday	Jan.	19				

Jan. 20

Jan. 21

5:00 p.m.

10:00 a.m.

INTENTIONS Elizabeth (Liz) Haag For Our Benefactors

Margaret Baxa +

Triumph of the Immaculate Heart - No Scheduled Parish Mass -

Robert Inlow + People of Our Parish the Holy Spirit within you.

Your body is

a temple of

— 1 Corinthians 6:19a

Stewardship: January 7, 2018

Adult Envelopes:	.\$1,838.00
Loose Plate:	\$102.81
Children:	\$0.50
Total:	\$1,941.31

Saturday

Sunday

Joy of the Gospel Campaign				
Total Pledged:	\$958,770.00			
Gifts last week:	\$2,375.00			
Total Gifts Received:	\$664,361.41			
Original DIAL Loan:	1,485,000.00			
Total Received (CTTF Camp):	\$1,025,440.07			
Misc Donations Received:	\$739,940.31			
Total Payments on Loan:	\$1,481,860.04			
Balance on DIAL LOAN:	. \$266,193.78			

LastWk Donations "Farm" Sewer	\$0.00

Total Donations "Farm" Sewer \$3,230.00

Mary, Mother of God:....\$410.00

Parish Calendar				
Sunday	Jan.	14	11:00am CCD Classes	11:00am Knights of Columbus Breakfast
			3:30pm Cursillo Ultreya in McCook	_
Wednesday	Jan.	17	7:00pm RCIA Class	
Saturday	Jan.	20	9:45am – 3:30pm Western Catechist R	letreat (in McCook)
Sunday	Jan.	21	11:00am CCD Classes 6:00	pm – 8:30pm Theology on Tap (at KC Hall)

Catholic School News:

Advent Giving: Thank you students, faculty and families of NPCS for helping us contribute more than \$1,300.00 to our Catholic Food Pantry. Thank You Ms. Wyatt for coordinating such a fun Advent Activity.

Thank You: Gary Jones and the Modern Tire Pro Crew for generously donating a portion of November's proceeds to our IRISH Music Department. Thank you patrons and families of NPCS for participating in the Record Breaking month of November for the Tire Pros Crew. Due to your generosity we earned \$3,000 towards new equipment for the music programs.

The winter activities season is in Full Swing! Best of Luck to all Wrestlers, Basketball Teams, Speech Students and their coaches during the winter season!

1/13 – 8:00am Speech at Wallace

1/15 – SPVA Basketball Tournament Week –

1/20 - 12:00 SPVA Finals

A Look Ahead...

- 1/25 POL Competition,
- 1/26 SP Blood Drive,
- 1/27 IRISH WR Invite; Bball vs Kimball
- Catholic Schools Week will be celebrated Jan. 28th through Feb. 2nd. *Mass with Bishop Hanefeldt on Wed., Jan. 31st.
- Sunday, February 25th is IRISH FEST.

Congratulations to the January Student of the Month ... Jacob Granger! Jacob is involved in Cross Country, Boy Scouts, Student Council, Show Choir, Speech and One Act. Jacob has earned his Eagle Scout Award. He is the President of the National Honor Society and the Senior Class. Jacob plans to attend the University of Nebraska Lincoln to study architecture and film design. Jacob is an active member of the Altar Servers and Music Ministry at Holy Spirit Church.

North Platte Catholic School: Faith and Knowledge for a Brighter Future

Daughters of Charity (Altar Society) Meeting:

will be Sunday, Jan. 14, at 11:30am in Rectory Conference Room. All women are invited & encouraged to attend.

Thank you to all who helped in any way with the funeral dinner for Luke Ranck, and the cookies and coffee after the vigil. You are all very much appreciated.

Breakfast by Knights of Columbus ... Sunday, Jan. 14, in the Parish Hall after 10:00am Mass; serving pancakes, eggs, fixings, biscuits & gravy, coffee & juices. Free Will offering accepted ... Proceeds go to the purchase of Missalettes.

Nebraska Walk for Life ... Jan. 27, 2018, at the Capital in Lincoln, sponsored by the NE Right to Life.

- 9:00am Pro-Life Mass at St. Mary Church (14th & K)
- Keynote Speaker: Ann McElhinney of "Gosnell", Book & Movie.

Western Catechist Retreat ... at St. Patrick, McCook, on Saturday, Jan. 20, 2018, 9:45am - 3:30pm. Father Jay Buhman is the Retreat Director. All CCD Teachers are encouraged to participate. The Parish will pay for the \$10 Registration Fee. Parents are also encouraged.

"Theology on Tap" ... is a speaker series for single & married adults in their 20's & 30's. Please join us on January 21 to hear Ashley Stevens with "Remembering Him when Life hits the Fan" a story of her near fatal auto accident and the struggles to battle back with the help of her faith. Start time for Ashley will be meal and social from 6:00pm-6:30pm and presentation starting promptly at 6:30pm to allow her to return to Grand Island at a reasonable time. More information about Ashley can be found at mountainsunmoved.com. Knights of Columbus Hall (515 E 5th St); location change. Free will donations accepted. Cash bar. Please follow our link on Facebook: Theology on Tap North Platte. If you have questions, please call Jennifer Kramer 520-1622.

Child care will NOT be AVAILABLE.

Without A Spouse January meeting ... will be held Saturday, Jan. 20 beginning at 1:00pm with snacks to start our retreat. Meeting at St Patrick Parish Hall; Renee Callaghan presenting on the Hospice program. Fr. Matthew will talk on the Sacrament of Anointing. Plan to be done around 3:30pm with a meal to be provided so we can attend the 5:30pm Mass as a group. There is reconciliation at 4:00pm for anyone that wants to attend. Hope to see everyone then.

Day of Prayer for the Legal Protection of Unborn Children ... Monday, January 22, is the infamous 45th anniversary of the U.S. Supreme Court decision Roe vs. Wade and Doe vs. Bolton (1973) legalizing abortion during all nine months of pregnancy. The U.S. Bishops have designated Monday, January 22 as a day of penance for the violations to the dignity of the human person committed through acts of abortion, and of prayer for the full restoration of the legal guarantee of the right to life. Please offer some form of prayer and penance on this day & attend Mass to pray for an end to this atrocity.

Knights of Columbus One Rose, One Life Campagin ... This is the primary source of income for Culture of Life activities throughout Nebraska. Some activities include the Bishop's Pastoral Plan for Pro-Life, Local Right-To-Life and Birthright Chapters, Crisis Pregnancy-Help Centers and Sponsoring Youth to attend the March for Life in Washington, DC. To date One Rose — One Life funds have helped purchase eight ultrasound machines in Nebraska. The collection for our Knights of Columbus at St. Elizabeth Ann Seton will be held Sat., Jan. 20, and Sun., Jan 21 after Mass in the Narthex. Please bring extra cash or a check to help in this very important Fund Raiser.

"Heighten our heart-to-heart communication" ... Enhance your true love for one-another. Take the time for a very special weekend together and make a <u>World Wide Marriage Encounter Weekend</u> for your marriage. Marriage Encounter brings a renewal to the life of a parish one couple at a time. It touches at the heart of a couple, vivifying the Sacrament. There is a Marriage Encounter Weekend in Lincoln, Feb. 9-11, 2018. To register for a weekend please contact Pat & Janelle Benson (Janelle 308-940-1105; Pat 308-940-0670; Home: 308-946-3568); pbjbben@yahoo.com; www.wwmesection9.org.

Pro-life Words from Hollywood ... "Indeed the tragedy of abortion haunts women from all walks of life. Abortion advocates are spending millions to package their tired rhetoric and half-truths in cutting-edge advertising campaigns targeted to young women ... The early feminists were pro-life. And really, abortion is a huge disservice to women, and it hasn't been presented that way." -- Emmy winning actress, Patricia Heaton, from Everybody Loves Raymond

Marriage Help ... Retrouvaille (pronounced retro-vi) has helped tens of thousands of couples at all stages of disillusionment or misery in their marriage. This program can help you too. Stress in Your Marriage? — Retrouvaille is a program for married couples that feel bored, disillusioned, frustrated, or angry in their marriage. Some experience coldness. Others experience conflict in their relationship. Most don't know how to change the situation or even communicate with their spouse about it. This program has helped tens of thousands of couples experiencing difficulties in their marriage. For confidential information about or to register for the program beginning February 16-18, 2018, in Schuyler, Nebraska call 1-888-317-5654 or 308-986-2351 or check the web site www.retrouvaille.org.

US Bishops' annual novena 9 Days for Life ... takes place Thursday, January 18 – Friday, January 26. Pray for the respect and protection of all human life with new intentions, brief reflections, and more each day. Download the novena online, or participate through Facebook, email, text message, or an app. Join at www.9daysforlife.com!

UNBOUND Retreat ... Jan 19-21, 2018 at Our Lady of Good Counsel Retreat House, with Fr. William Holoubek. This weekend retreat is geared towards men & women who have already read the book or watched the video series, & will provide opportunities to pray the five keys with a prayer team. Register http://goodcounselretreat.com/

Joy & Hope Anniversary Recognition Mass ... and reception for all married couples will be held Sunday, February 11, 2018 at the regular 9:00 a.m. Mass at the Cathedral of the Risen Christ in Lincoln. Bishop James Conley will be the Main Celebrant at the Mass for this celebration of Christian Marriage. Special recognition will be given to those couples celebrating 10, 25, 40 and 50 years or more who have registered. Family guests are welcome. Suggested donation of \$10 per couple to cover reception costs appreciated! Registration forms are available [in the church], or call the Family Life Office, (402) 473-0620.

Seven Sisters Apostolate ... "Covering out Priests in Holy Hours of Prayer" ... The Seven Sisters Apostolate is a call to strengthen the Church by ensuring that a Holy Hour is prayed each day of the week for the sole intention of a specific priest or bishop – a "holy wasting" (cf. Mt. 26:10) or lavishing of prayer for his deeper conformity to Christ. There is an insert in the Bulletin giving more information about this apostolate. Any woman interested in being a part of the Seven Sisters Apostolate, is asked to contact an Officers of the Daughters of Charity, either Shirley Nisley (outgoing president), Jan Daniel (President), Jennifer Bantam (Secretary), or Alice Robinson (Treasurer).

FROM FR. MARK SEIKER:

Eucharistic Thoughts ... The church, the house of God, is the proper place for the liturgical prayer of the parish community. It is also the privileged place for adoration of the Real Presence of Christ in the Blessed Sacrament. (CCC 2691) We express our faith in the Real Presence of Christ in the Eucharist by genuflecting whenever we pass in front of the tabernacle. We also adore the Sacrament of the Eucharist by reserving the consecrated Hosts with the utmost care, exposing them for the solemn veneration of the faithful, and carrying them in procession. (CCC 1378)

Weekly Adoration ... it's the opportunity for a time of quiet contemplation ... a time to be alone with Our Lord & receive the fruits of His love. Be good to yourself ... Sign up for an hour of Adoration. Schedule an hour for you with Jesus! It is the fuel for the rest of the week.

From Other Adorers ...

- Take an Hour of Adoration?! Oh no, I'm too busy to visit Jesus in the Blessed Sacrament. I don't have time. Now my hour of adoration is a welcomed commitment that has brought me much peace, love and happiness in my daily life. It's my time with Jesus that has helped me to grow and have more trust and faith in Jesus, my spiritual life has been strengthened by my hour of adoration. Jesus loves us all unconditionally.
- I know God is everywhere and is always with us no matter what we are doing. Spending an hour in the church built out of our love for God with His presence in the tabernacle is such a special time. I feel my prayers are truly one on one when I am alone in the peaceful silence of the church. This is the time I can shut out the many distractions of the world and give thanks for the many blessings God has given me.

Liturgical Minister

	Sat., Jan. 20, 5:00pm	Sun., Jan. 21, 10:00am		Readings for the Week
Lector	Jerry Beckius	Shane Lowrey	Monday:	1Sm 15:16-23; Ps50:8-9,16bc-17,21,23; Mk 2:18-22
Acolyte	Jerry Volesky	Jerry Cooper	Tuesday:	1 Sm 16:1-13; Ps 89:20-22, 27-28; Mk 2:23-28
Server	Volunteer	Xavier Pieper	Wednesday:	
	Volunteer	Nicholas Niesen	Thursday:	Mk 3:1-6 1 Sm 18:6-9; 19:1-7; Ps 56:2-3, 9-13; Mk 3:7-12
Music	Greg Vandenberg	Matt & Ashley Perlinger	Friday:	1 Sm 24:3-21; Ps 57:2-4, 6, 11; Mk 3:13-19
Gifts	John & Molly Walz	Michael & Carissa	Saturday:	2 Sm 1:1-4, 11-12, 19, 23-27;
Ushers	Cindy Swanson	Shane Lowrey		Ps 80:2-3, 5-7; Mk 3:20-21
	Alice Robinson Volunteer		Sunday:	Jon 3:1-5, 10; Ps 25:4-9; 1 Cor 7:29-31;
				Mk 1:14-20

Prayers for the sick: Martha Burbach, Dolores Kosmicki, Carol LaBrie (Loren Baxa's sister-in-law), Peggy Fleecs, Gordon Swanson (Cindy Swanson's father), Patti Caudillo, Leona Clouatre, Renate Nordquist, Julie (Kellogg) Buehler (Molly Walz's aunt), Jerry Steffes, Virginia Waechter (mother of Peggy Orr), Sharon Beckius, Frank Schneweis (Emily Krondak's father), John Kahl, Mike & Kim Paul, Special Intention, Kade Folchert (grandson of Bob Folchert), Margaret Schuckert, Eileen Boltz, Jim Beckius.

<u>Prayers for the deceased</u>: Bernadine Duryea (Ben Heskett's mother), Jan Yerger (Kim Clouatre's mother), Luke Ranck, Shirley Keck, Gerald Vap (Msgr. Ivan Vap's brother), Robert Inlow (Joanne Bollish's son), Mickey Kirwan (Teri Volesky's brother), Margaret Baxa, Loretta Pilakowski, Pat Sexton, Mary Portz, Phyllis Beckius.

Birthdays: 1/13 - David Lott, 1/14 - Marinn Niesen, 1/19 - Paul Orr, Logan Morris, Karl Hendricks, 1/20 - Carmen Buhrman, 1/21 - Dennis Brosius.

TREASURES FROM OUR TRADITION ... "Ordinary Time" began for us this week. On the old calendar, the feast of the Presentation, still more than two weeks away, was the last day of the Christmas season. Sadly, Bethlehem is hardly a place of peace on earth these days. The ancient Christian community has been largely uprooted by political strife. The Church of the Nativity stands (barely) in remarkable disrepair and disorder in Manger Square. The roof is crumbling, the major doorways are blocked, the wiring is faulty, and the worship life is disrupted by quarrels among Eastern Christians.

The church was founded by the Emperor Constantine in 325, destroyed in a Samaritan revolt in 539, and rebuilt by the Emperor Justinian. When the area came under Muslim control in 638, the holiness of the church was respected, and in return Christians allowed Muslims to pray in the south aisle, a right still upheld. Earlier in that century, invading Persians were ordered to destroy all churches, but when they saw the magi carved over the doorway of the Church of the Nativity, they spared it out of respect for their ancestors who bore gold, frankincense, and myrrh to the same city. The Crusaders restored and redecorated the church by the twelfth century, and it is their plan that survives. Down a few stone steps is a stone grotto with a silver star marking the place of Christ's birth: when the star was stolen in 1847 it triggered an international crisis that exploded into the Crimean War.

Since 1852, the church has been shared by the Roman Catholic, Greek Orthodox, and Armenian Churches. The Greeks are in charge of the grotto, but don't enjoy the best of friendships with the Armenians. Catholics have the care of the Chapel of the Manger, and avoid the squabbles by a separate entrance to the Franciscan monastery church of St. Catherine. Pray for peace in Bethlehem! —Rev. James Field, Copyright © J. S. Paluch Co.

THE LAMB OF GOD ... "Behold the Lamb of God!" We hear this phrase every Sunday at Mass, but there's a good chance that many Roman Catholics do not know who in the Bible originally spoke it. The phrase appears only in the Gospel of John, on the lips of John the Baptist, who utters it twice. In today's Gospel reading, John proclaims Jesus as the Lamb of God, and two of John's own disciples then follow Christ. A little bit later Andrew, who heard John and then followed Jesus, brings his brother Simon to be re-named Cephas, or Peter. A careful look at these Bible verses shows us the mission of everyone baptized into the Body of Christ: we must always proclaim our faith in Christ, so that others will follow him. We may not know how the will of God might work through those we bring to Christ; that is not the point. The point is that our ongoing mission as a church is to bring others to Christ, the Lamb of God, who takes away the sin of the world.

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<u>CHAINS OF GRACE</u> ... The chains of grace are so powerful, and yet so sweet, that though they attract our heart, they do not shackle our freedoms. —St. Francis de Sales

Pray for our Seminarians: Robert William Johnson, from St. Thomas Aquinas Parish, Lincoln. He entered the Seminary in 2014. He is in Theology 2 at Mount St. Mary Seminary.

HOLY FATHER'S INTENTIONS

(January): Evangelization: Religious Minorities in Asia - That Christians, and other religious minorities in Asian countries, may be able to practice their faith in full freedom.

9 DAYS FOR LIFE: THURSDAY, JANUARY 18 – FRIDAY, JANUARY 26 www.9daysforlife.com

Day One: Thursday, January 18, 2018

Intercession: May a culture of life grow ever stronger in our communities.

Prayers: Our Father, 3 Hail Marys, Glory Be

Reflection: From each tiny child waiting to be born, to people nearing death, all are precious and deserve our care and protection. Women and men suffering after abortion, individuals tempted to end their lives, expectant mothers facing challenging pregnancies, people pushed to the margins of society by a "throwaway culture," and every other person—each "has a place in God's heart from all eternity" (*Amoris laetitia*, 168).

As Pope Saint John Paul II reminds us in *The Gospel of Life*, we are asked not only to love and honor human life, but also "to work with perseverance and courage" to establish "a new culture of life, the fruit of the culture of truth and of love" (no 77).

Acts of Reparation (choose one):

- "Unplug" for some time praying in silence with a short reflection on this year's Respect Life theme, "Be Not Afraid" (www.usccb.org/be-not-afraid).
- Use one of our Respect Life social media toolkits (<u>www.usccb.org/prolifetools</u>) to build up a culture of life on social media
- Do you love your cup of tea or coffee? Fast from caffeine today, or try your coffee black.

One Step Further: Watching the news and reading the headlines, we may sometimes feel helpless seeing the heartbreaking lack of respect for human life. How do we respond to Pope Saint John Paul II's invitation when our efforts to make a difference feel small? "How to Build a Culture of Life" (www.usccb.org/culture-of-life) briefly explains where to start.

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Day Two: Friday, January 19, 2018

Intercession: For the end to abortion.

Prayers: Our Father, 3 Hail Marys, Glory Be

Reflection: More women and girls consider abortion than we may realize. They are our relatives and friends, people who work with us or for us, married or unmarried. Even if someone identifies as being pro-life, the shock of an unexpected pregnancy, the devastation of a difficult prenatal diagnosis, shame, pressures, or fears may influence her to consider abortion. If someone shared with you she was pregnant and hadn't ruled out having an abortion, would you know how to respond in a loving way that is life-affirming for both her and her baby?

Learn about the four steps of the L.O.V.E. Approach^{TM*}: *Listen and Learn, Open Options, Vision and Value*, and *Extend and Empower* (www.usccb.org/l-o-v-e).

Acts of Reparation (choose one):

- Go to an abortion clinic and pray, or set aside an hour today to pray for those who are struggling with a decision of life or death for their unborn child.
- Read "What to Do When a Friend Is Considering Abortion" (<u>www.usccb.org/l-o-v-e</u>), and spend some time reflecting on it. Would someone in a difficult pregnancy situation know she could turn to you for loving support?
- Donate needed items to a pregnancy care center, or volunteer an hour of your time at one. Find a center near you at www.heartbeatinternational.org/worldwide-directory.

One Step Further: Find out other simple tips on how to provide loving, life-affirming support for a friend who is unexpectedly pregnant: "10 Ways to Support Her When She's Unexpectedly Expecting" (www.usccb.org/support-her). *The L.O.V.E. Approach™ is trademarked by Heartbeat International, Inc. and may not be adapted or modified. The L.O.V.E. Approach™ is used in "What to Do When a Friend Is Considering Abortion" with permission from Heartbeat International, Inc. Copyright © 2017, United States Conference of Catholic Bishops, Washington, DC. All rights reserved.

Day Three: Saturday, January 20, 2018

Intercession: For victims and survivors of human trafficking.

Prayers: Our Father, 3 Hail Marys, Glory Be

Reflection: Pope Francis calls for a renewed commitment to end human trafficking, which he aptly describes as "deplorable...cruel...criminal" (Angelus, 7/30/2017). International Labor Organization's 2014 estimate placed the number of traffic victims — men, women, and children — at 21 million worldwide.

Those who are vulnerable are most at risk for being lured into situations where they are trafficked, particularly migrants and refugees. They face significant barriers such as language and adapting to a new culture, lack of support systems, and the burden of poverty. Easily tempted by false promises of traffickers, they often find themselves in forced labor situations with no means of escape.

When we meet others in our daily lives who have come from other lands, are we extending them the simple warmth of a smile and a welcome? Are we in tune to the red flags that might indicate trafficking in our own communities? Learn more about how you can fight trafficking under "One Step Further."

Acts of Reparation (choose one):

- Contact a local service provider who assists victims and survivors of human trafficking to learn more about human trafficking in your community and how you can support their efforts. (If you don't know who the local service provider is, ask your local Catholic Charities office.)
- Spend some time reflecting upon the *Catechism of the Catholic Church* no. 2414.
- Use the USCCB Migration and Refugee Service's National Slavery and Human Trafficking Prevention Month & Day of Prayer Toolkit www.usccb.org/about/anti-trafficking-program/upload/Anti-Trafficking-Toolkit-Final-2018-2.pdf to raise awareness about and encourage prayer and action to fight human trafficking.

One Step Further:

Would you know how to identify a potential trafficking situation? Learn more about the human trafficking and the red flags through the USCCB's Anti-Trafficking Program at http://www.usccb.org/about/anti-trafficking-program/index.cfm Almost half of the reported victims of human trafficking in the U.S. in 2016 were foreign nationals. Consider bringing the Amistad Movement to your parish to help raise awareness about human trafficking among immigrant populations.

http://www.usccb.org/about/anti-trafficking-program/amistad.cfm

If you suspect someone is a victim of human trafficking, call the National Human Trafficking Hotline (888-3737-888) for immediate assistance. They can communicate in over 200 languages and provide immediate information, assistance, and local referrals for potential human trafficking situations.

Excerpt from Pope Francis, "Angelus" © 2017, Libreria Editrice Vaticana, Vatican City. Used with permission. Copyright © 2017, United States Conference of Catholic Bishops, Washington, DC. All rights reserved.

Day Four: Sunday, January 21, 2018

Intercession: May all people embrace the truth that every life is a good and perfect gift, and is worth living.

Prayers: Our Father, 3 Hail Marys, Glory Be

Reflection: Our culture is obsessed with perfection—a superficial perfection. Photos are edited, and social media sites depict seemingly perfect lives. God calls us to seek perfection, too. He does not call us, however, to perfection of appearance or abilities, but to perfection in love.

In "A Perfect Gift" (www.usccb.org/perfect-gift) one parent shares about the experience of raising a child with Down syndrome, contrasting it with what onlookers might perceive: "It's like looking at a stained-glass window from the outside: The colors look dark, and you can't quite make out the figures. From the inside, however, with the sun shining through it, the effect can be brilliant. From inside our family, love illuminates our life with Charlie.* What may seem dreary to others, perhaps even unbearable, is actually filled with beauty and color."

May each of us experience the power of God's transforming love, that our eyes may be opened to the incredible beauty of the people the Lord places in our lives.

Acts of Reparation (choose one):

- Pray the short prayer "Every Life is Worth Living" (www.usccb.org/worth-living) reflecting on how you can bring Christ's love to others today.
- Read "Supporting Families Who Receive a Prenatal Diagnosis" (www.usccb.org/prenatal-diagnosis), then spend some time praying for babies who have been given an adverse prenatal diagnosis and for their families.
- We can sometimes forget how blessed we are to have many of our daily comforts. Give up sleeping on your pillow tonight.

One Step Further: Charlie's mother shares in "A Perfect Gift" that when people say, "I could never handle a child with a disability," she explains to them, "[Y]ou aren't given a child with a disability. You are given your child with a disability. ...You are not called to 'handle' a disability. You are called to love a particular person, and caring for him or her grows out of that love. ...Our [family's] hearts...have become larger [by caring for Charlie]."

She also talks about the "secret" that is the fundamental truth of our existence, which she and other parents of children with Down syndrome share. Find out what it is in "A Perfect Gift" (www.usccb.org/perfect-gift).

*Name changed for privacy. Copyright © 2017, United States Conference of Catholic Bishops, Washington, DC. All rights reserved.

Day Five: Monday, January 22, 2018

If you or someone you know is suffering after abortion, confidential non-judgmental help is available. Visit <u>www.hopeafterabortion.org</u>. **Intercession:** May each person suffering from the loss of a child through abortion find hope & healing in Christ. **Prayers:** Our Father, 3 Hail Marys, Glory Be

Reflection: Today, on this 45th anniversary of *Roe v. Wade*, we consider the past four decades in which our society has legally permitted abortion. Since that tragic decision, many children's lives have been lost, and many suffer that loss—

often in silence. Yet God's greatest desire is to forgive. No matter how far we have each strayed from his side, he says to us, "Don't be afraid. Draw close to my heart."

"In the Sacrament of Penance and Reconciliation, also called confession, we meet the Lord, who wants to grant forgiveness and the grace to live a renewed life in him. ... We bishops and priests are eager to help you if you experience difficulty, hesitation, or uncertainty about approaching the Lord in this sacrament. ... we are ready to welcome you."*

Let us run into the arms of Jesus, who is love and mercy.

Acts of Reparation (choose one):

- Go to confession today or this week. Before you go, look up St. Faustina and learn a little about the message of Divine Mercy that she shared during her life (www.usccb.org/divine-mercy).
- Do you know how to help women and men suffering after abortion? Consider the suggestions in "Bridges of Mercy for Post-Abortion Healing" (www.usccb.org/bridges-of-mercy).
- Pray the Chaplet of Divine Mercy (<u>www.usccb.org/divine-mercy-chaplet</u>) for those who are suffering the loss of a child through abortion, asking that they find healing and peace.

One Step Further:

If a friend confided in you tomorrow that she had an abortion, would you be able to respond in a way that brings her closer to healing? Learn what to do and say in "How to Talk to a Friend Who's Had an Abortion" (www.usccb.org/friend-had-abortion).

Did You Know?

In the Catholic Church in the United States, January 22nd is designated as a particular day of prayer and penance, called the "Day of Prayer for the Legal Protection of Unborn Children." As Catholics, we are called to observe this day through the penitential practices of prayer, fasting, and/or giving alms.

More Information: www.usccb.org/january-22

*"God's Gift of Forgiveness: Pastoral Exhortation on the Sacrament of Penance and Reconciliation," www.usccb.org/forgiveness. Copyright © 2017, United States Conference of Catholic Bishops, Washington, DC. All rights reserved.

Day Six: Tuesday, January 23, 2018

Intercession: May those near the end of their lives receive medical care that respects their dignity and protects their lives. **Prayers:** *Our Father, 3 Hail Marys, Glory Be*

Reflection: When Maggie's active father suffered an accident that eventually led to his passing, he taught her that pain and loss of autonomy doesn't diminish our human dignity, and that life—however much is left—is worth living. As a 50-year-old wife and mother of three, Maggie needed this message when she was diagnosed with a terminal illness. Instead of giving up hope, she embraced her father's legacy: "[M]y life is, always has been, and always will be, worth living." Meet Maggie in a 3-minute video (www.goo.gl/SGF7rP), and read the brief article it inspired: "Maggie's Story: Living like Dad" (www.usccb.org/maggies-story).

Acts of Reparation (choose one):

- Pray a decade of the Rosary (<u>www.usccb.org/rosary</u>) for your deceased friends and family, as well as those who have no one to pray for them.
- We look forward to eternal life by preparing now, in hope, for our passage from this life to the next. Spend some time prayerfully reflecting on "Catholic Considerations for Our Earthly Passing" (www.usccb.org/end-of-life-considerations). Several considerations are given as starting points for understanding and preparing for our earthly passing in a way that respects God's gift of human life.
- Read and reflect upon "Caring for Loved Ones at Life's End" (<u>www.usccb.org/endoflifecare</u>). Ten suggestions anchored in unconditional respect for human life help readers know how to provide authentically compassionate care. (Supplemental information: <u>www.goo.gl/Ji3n35</u>)

One Step Further: Proponents of doctor-assisted suicide try to draw a sharp (and tragic) distinction between those with a mental illness who want to end their lives and those already nearing death who express the same wish. Although polls indicate the public is receptive to the general concept of assisted suicide, when people understand the associated dangers, they are less likely to support the practice.

Learn seven compelling reasons you can share for opposing assisted suicide: "Top Reasons to Oppose Assisted Suicide" (www.usccb.org/reasons-against-assisted-suicide).

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Day Seven: Wednesday, January 24, 2018

Intercession: May those who long for a child of their own be filled with trust in God's loving plan.

Prayers: Our Father, 3 Hail Marys, Glory Be

Reflection: It can be very difficult and painful when the Lord doesn't answer our prayers the way we hope. We may have many doubts and questions, wondering why we face the challenges that we do. Yet even though our suffering is often

shrouded in a sense of mystery, we believe that the Lord loves us with great tenderness and compassion that is beyond our imagination. Knowing this, we can trust that "all things work for good for those who love God, who are called according to his purpose" (Rom 8:28).

Acts of Reparation (choose one):

- Give up your favorite form (or all forms) of social media for the day. Spend some of the extra time meditating upon Romans 8:28 or another Scripture verse or passage.
- Learn how to pray the Angelus prayer and consider saying it every day for the next week— on awakening, at noon, or at 6 p.m. (or all three times). www.usccb.org/angelus
- Spend quality time with a family member or friend; offer to help them in some way.

One Step Further: "Seven Considerations While Navigating Infertility" (www.usccb.org/navigating-infertility) seeks to provide compassionate guidance that is both practical and informative for married couples who are walking on this road. Although geared to such couples, the article is also helpful for anyone to read, offering insight into the experience of infertility and giving awareness of the need for sensitivity in our relationships with those who may be affected.

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Day Eight: Thursday, January 25, 2018

Intercession: For an end to the use of the death penalty in our country.

Prayers: Our Father, 3 Hail Marys, Glory Be

Reflection: As Catholics, we believe and put our hope in a merciful and loving God. We are conscious of our own brokenness and need for redemption. Our Lord calls us to imitate him more perfectly by witnessing to the inherent dignity of every person, including those whose actions have been despicable. Our faith and hope is in the mercy of God who says to us, "Blessed are the merciful, for they will be shown mercy" (Mt 5:7) and "I desire mercy, not sacrifice" (Mt 9:13). As Christians, we are called to oppose the culture of death by witnessing to something greater and more perfect: a gospel of life, hope and mercy.

Acts of Reparation (choose one):

- Do something kind for someone else without being asked or telling anyone. Pray for him or her while you do so.
- Smile. Ask God today for the grace to be extra joyful and share Christ's love with those who need encouragement the most today.
- Read about the life of a modern saint. You might be surprised by how much you have in common with him or her.

One Step Further: For some people who are committed to upholding the sanctity of human life, the death penalty can present a challenge. Properly understood, however, Catholic teaching against the death penalty is both persuasive and eminently pro-life. Learn about the death penalty within the context of respect for God's gift of human life in "Death Penalty: Catholic O & A" (www.usccb.org/death-penalty-fag).

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Day Nine: Friday, January 26, 2018

Intercession: For God's peace to fill the hearts of all who travel upon the path of adoption.

Prayers: Our Father, 3 Hail Marys, Glory Be

Reflection: The Letter to the Hebrews reminds us to "hold fast to the hope that lies before us. This we have as an anchor of the soul, sure and firm" (Heb 6:18-19). We pray that all who are involved in the adoption process would be filled with the hope of Christ and "the peace of God that surpasses all understanding" (Phil 4:7). We also remember that we too can cling fast to this anchor of hope, for we have received "a spirit of adoption, through which we cry, 'Abba, Father!'" (Rom 8:15). May our loving Father envelop each of us in his love today and open our eyes in faith that we may see and rejoice in his love.

Acts of Reparation (choose one):

- Make an act of faith, hope, or love (www.usccb.org/faith-hope-love).
- Fast from snacking today. Eat three meals only.
- In "An Adoption Love Story," Jenny* shares her and her husband's story of adopting their son, Andrew. Read about some of the challenges, concerns, and joys on their journey at www.usccb.org/adoption-love-story, and spend some extra time in prayer for all who are involved in the adoption process.

One Step Further:

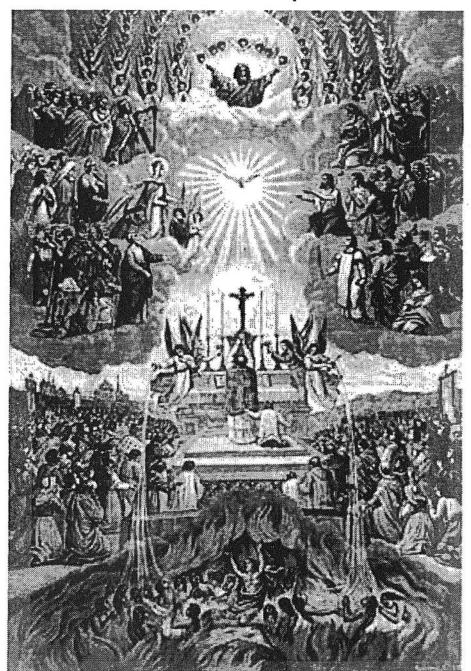
"Accompanying Expectant Mothers Considering Adoption" suggests nine ways to offer ongoing support to a woman who is considering placing her unborn child for adoption (www.usccb.org/women-considering-adoption). Many of the tips given are also helpful for supporting a friend who is experiencing a challenging unexpected pregnancy, even if adoption has not been brought up.

Supplemental reference information regarding adoption can be found at www.usccb.org/adoption-resources.

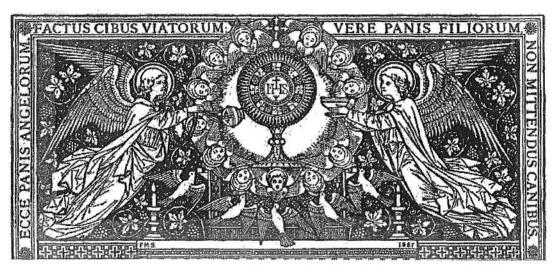
*Names changed for privacy.

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Seven Sisters Apostolate



Covering our Priests in Holy Hours of Prayer



Seven Sisters Apostolate

That our prayers may find the heart of every Priest and Bishop!

Mission and Structure

The Seven Sisters Apostolate is a call to strengthen the Church by ensuring that a Holy Hour is prayed each day of the week for the sole intention of a specific priest or bishop – a "holy wasting" (cf. Mt. 26:10) or lavishing of prayer for his deeper conformity to Christ.

A Seven Sister: One Holy Hour, One Priest; Each Week; One Heart of Prayer

Seven Women ~ One Heart of Prayer

A Seven Sisters group begins when at least seven women respond to a call to the mission of the apostolate. If more than seven women desire to pray in this manner, a core group of seven should be designated while others may substitute or provide additional hours of prayer. The coordinator of a group is known as the Anchoress.

"In strengthening the Priest you strengthen the whole Church ...
Strengthen the Priest and you strengthen the whole foundation, you strengthen everything in the Church."

- Fr. Gerald Fitzgerald, S,P.

Apostolate was given by God during "The Year of the Priest" in 2010

Letter of His Holiness Pope Benedict XVI
Proclaiming a Year for Priests
on the 150th Anniversary of the "Dies Natalis"
of the Cure' of Ars

Dear Brother Priests:

On the forthcoming Solemnity of the Most Sacred Heart of Jesus, Friday 19 June 2009 - a day traditionally devoted to prayer for the sanctification of the clergy, I have decided to inaugurate a "Year for Priests" in celebration of the 150th anniversary of tile "dies natalis" of John Mary Vianney, the patron saint of parish priests worldwide. This Year, meant to deepen the commitment of all priests to interior renewal for the sake of a stronger and more incisive

witness to the Gospel in today's world, will conclude on the same Solemnity in 2010. "The priesthood is the love of the heart of Jesus", the saintly Cure' of Ars would often say. This touching expression makes us reflect, first of all, with heartfelt gratitude on the immense gift which priests represent, not only for the Church, but also for humanity itself. I think of all those priests who quietly present Christ's words and actions each day to the faithful and to the whole world, striving to be one with the Lord in their thoughts and their will, their sentiments and their style of life. How can I not pay tribute to their apostolic labours, their tireless and hidden service, their universal charity? And how can I not praise the courageous fidelity of so many priests who, even amid difficulties and incomprehension, remain faithful to their vocation as "friends of Christ", whom he has called by name, chosen and sent? ...

One Priest

The initial recipient of a Seven Sisters group should be their parish pastor. After the pastor has a committed group, subsequent groups may be formed for others, such as the parochial vicar, a retired Priest, a Priest serving in a non-parish assignment, or a bishop.

The group's intention is directed towards the office of the shepherd more than the individual. In other words, the group prays for the Priest until he is reassigned, at which time his successor becomes the recipient of those prayers. This helps us to guard against an undue attachment to a certain Priest.

Praying the Holy Hour

Some Seven Sisters have been offering a Holy Hour for many years, while for others, this may be the first time they have spent a full hour in prayer. Regardless of your spiritual background, the following characteristics set this hour apart as a gift offered in the spirit of the Seven Sisters Apostolate:

- 1) Offer this hour solely for the intentions of the priest. If other personal intercessions weigh heavily, it is suggested that the Seven Sister prays through these other intentions either before or after the hour. In God's marvelous economy, this challenge can in itself be offered as additional sacrifice for the benefit of the priest. Be assured that eventually you will form the discipline required for this special work of prayer to joyfully offer this entire hour for the priest.
- 2) Pray for the priest's deepening devotion to Mary. Pray for the priest's deepening devotion to Mary each time you offer this Holy Hour for him. With Our Lady's support, the Church and her priests will be strengthened.
- 3) Resolve to honor the commitment to a Holy Hour. on your designated day of the week or secure a sub if you are unable to offer the Hour yourself, keeping true to your group's prayer commitment of at least one Holy Hour every day for the pastor. As is true of most prayer effort, each week may present challenges. Let us make our 'yes' mean 'yes'. God's graces are sufficient.

One Hour ~ One Day ~ Each Week

Each member commits to a Holy Hour on a distinct day of the week, thus covering a complete week.

The commitment is to that day;

the Seven Sister may pray at any time on that day. If she is unable to offer her Holy Hour, she is to secure a substitute, explaining the Apostolate's mission. The substitute need not be a woman. If unable to arrange a substitute, the member should contact the Anchoress for assistance.

Suggestions to Aid Prayer

Entering into Prayer

- Turn off your cell phone as you enter the chapel.
- Ask the Holy Spirit to guide your prayer for that particular hour. When we ask, seek, knock, the door is opened. Enter unhurried-there is a whole hour ahead!
- Invoke the help of our patrons, the Madonna of the Grapes, St. John Vianney and St. Margaret Clitherow.
- Be patient with yourself. Offering an entire hour for one person every week for one year will necessitate practice and steadfastness. Think of yourself as a student in the school of intercession; let the Holy Spirit be your teacher. If conflicting thoughts and concerns distract, thank God for the awareness of them and move right back into prayer for the priest. As St. Teresa of Avila advised in reference to distractions, "The ships will pass and one may watch the ships passing by, but do not invite them into the harbor to rest."

Daily Devotional Themes

Sunday: Resurrection, Trinity

Monday: Holy Spirit, Souls in Purgatory

<u>Tuesday</u>: Holy Angels Wednesday: St. Joseph Eucharist

Friday: Passion, Sacred Heart Saturday: Blessed Virgin Mary

Questions?

Rhonda M Litt, Diocesan Coordinator Seven Sisters Apostolate 402-525-6396 (cell, call or text) rhonda33.praising.Him.4ever@gmail.com

Finding the Rhythm of Prayer

The actual structure of a Holy Hour will be unique to each Seven Sister. Some may organize the prayer time in a similar fashion each week. Others may tend toward variation as the hour proceeds. Both are proper ways to commit to the hour. Below are some suggestions of how the prayer time might be spent:

- Pray the Novena to the Sacred Heart of Jesus. This was a favorite prayer of St. Padre Pio, which he used to offer prayers for all of the daily intentions he was given. The physical, emotional/social, and Spiritual needs of the priest can be held up at various points in the prayer.
- Pray with the Mass readings for the week. As you meditate on these readings, pray that the priest will live and preach the truths contained in them.
- Pray the Liturgy of the Hours. The priest has made a
 commitment to pray faithfully the prayer of the Church
 known as the Liturgy of the Hours. If desired, morning
 prayer, midday prayer, evening prayer, or night prayer
 from the Liturgy of the Hours could be prayed as an
 offering for the priest's faithfulness to this commitment.
- Pray the Rosary. This time-honored devotion to Our Lady is upheld by the Church as one of our greatest treasures. It can be a powerful way to pray for the priest's deepening devotion to Our Lady and place him under her protection.
- Consider the Pastor's namesake and other particular intercessors. What is his baptismal / confirmation / religious name? Does he hold a special devotion to a particular saint? Who is the patron of your parish?
- Use other personal devotions such as litanies (Litany of Loreto), chaplets (Chaplet of Divine Mercy), novenas, or other written prayers, etc. as the Holy Spirit leads you.
- Follow liturgical themes for the day, month, season or year. Consider the day of the week and month of your Holy Hour; the Church designates special devotional themes for each weekday and month. The liturgical season (Advent, Lent, Easter, etc.) may also shape the themes and tenor of your prayers for the priest.
- Pray for specific graces each week or each month.
 Examples are: sanctity, fidelity, perseverance, mercy, or other virtues; the gifts of the Holy Spirit; living of the beatitudes; growth in the sacramental life.
- Embrace periods of silence if your prayer time leads you to this. Intercessory prayer does not mean we must constantly be speaking to God; we must also let him speak to us as he desires. As St. Teresa of Calcutta reminds us, "In the silence of the heart God speaks."
- Always remain open to the Holy Spirit's intervention in your prayer. If you are drawn to a particular way of prayer that differs from your normal routine, you should freely follow it. Never feel that you must "get through" certain prayers in order to be "successful" in your Holy Hour. Union with God is always the most powerful form of intercession, however He desires to give it.

Holy Eucharist

The Holy Hour is ideally prayed in the presence of the Blessed Sacrament - either in an Adoration Chapel or in front of a Tabernacle - but not restricted to the parish of which the Seven Sister is a member. Thus, one can remain faithful to the commitment when traveling, when a parish does not offer Perpetual Adoration, or when there is limited access to a particular church.

One Year

This generous commitment of one hour per week of prayer is asked for a period of one year, but can remain openended in time as each individual discerns her call to continue. A group may begin at any time of year. The normal commitment extends from June to June, the month of the Sacred Heart. Ideally, the commitment prayer itself would be made on the Solemnity of the Sacred Heart of Jesus. It is fitting that this commitment happens as a group, but it may be made individually if members are not able to gather together. A discernment period to continue or end a current commitment to the Apostolate precedes this during May, the month of the Immaculate Heart.

If someone assumes another's Seven Sister position outside of the month of June, the Anchoress may either suggest an abbreviated or extended length of commitment. For example, if an intercessor cannot continue past March of a particular year, the Anchoress can suggest the new Seven Sister intercessor commit to 14 months versus 12. Likewise, if a new Seven Sister is secured in November, the Anchoress may suggest she commit to through the following May, discerning then as to a 'further commitment of prayer.

Now What?

- 1. Take the Apostolate to prayer. Is Christ, through His Spirit, calling you to this Apostolate? 52 Holy Hours before Him in His Most Blessed Sacrament, a one year commitment, June to May. Each May is the discernment period, the month of the Immaculate Heart of Mary, and each June we begin, the month of the Most Sacred Heart of Jesus. Each June the Seven Sisters come together, sometimes with the Priest and sometimes not, to make their Commitment Prayer for the coming year.
- 2. In prayer you have discerned Jesus is calling you to be a Sister in an Apostolate. Pray again, is He calling you to be an Anchoress? (if there isn't one already for the Apostolate) What is an Anchoress?
 - a. Organizer for the group
 - b. Prayer oriented
 - c. Understands the "prayer mission" & has "zeal" for the Apostolate
 - d. Is a contact for the Pastor (or Assistant, in Residence, etc)
 - e. Prays for her six other sisters, including fidelity to the commitments of the Apostolate
 - f. Maintains and assures the holy endeavors of the Seven Sisters group remain proper to the mission of the Apostolate
 - g. Fields questions that arise (may need to ask the Foundress or an Anchoress already established), helps to secure subs if needed and passes on the Priest's special intentions would he have any – the Anchoress is his contact
 - h. Forwards periodic encouragement emails and instructions from the Seven Sisters' Foundress
- 3. Bishop Conley is 100% in favor of the Apostolate. All of the Priests in our Diocese are not aware of the Apostolate, so yours may not. I cannot think of a reason a Priest would not welcome the Holy Hours of Prayer for himself and the Apostolate, but never the less you should go visit with him first. Once you have talked to the Priest and it has been decided you will be the Anchoress, go to the website and register your group. And there is this really cool map, up-dated periodically, showing were the Apostolates are all around the world!